Motherhood plan: has it changed in face of the COVID-19 pandemic?



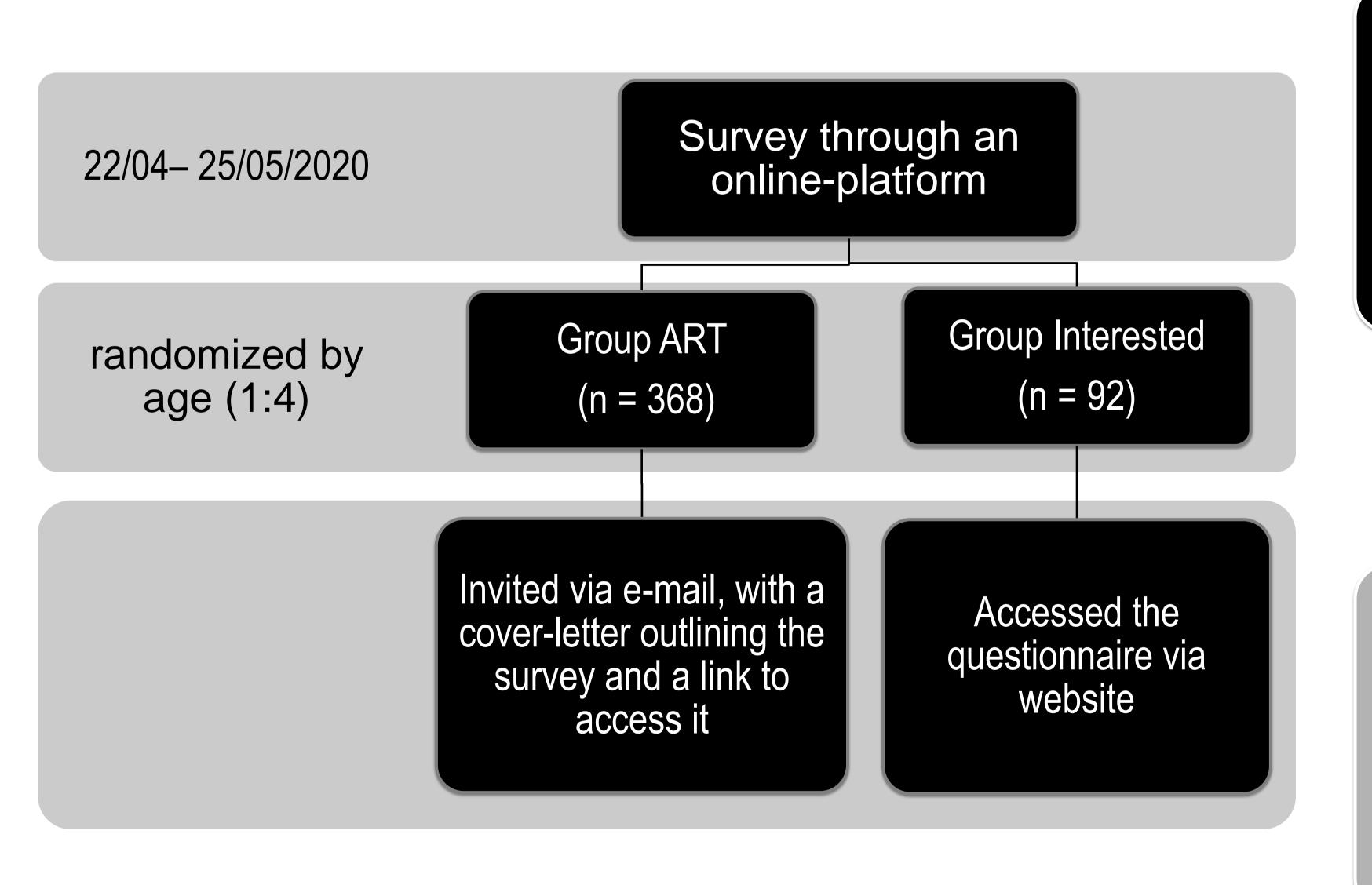
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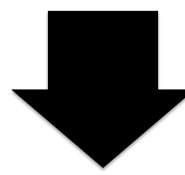
OBJECTIVE

The novel coronavirus (Covid-19) outbreak led to a public health emergency of international concern, putting health organizations on alert. World authorities implemented suppression plans to control community spread, including restrictions to non-urgent medical care. Assisted reproduction centers had to adapt to these restrictions. The infertility diagnosis and reproductive treatments possess an inherent psychological burden. This associated with the uncertainty of the consequences of the passage of time in the prognosis of treatments may impact on patient's psychological health. The goal for the present study was to investigate whether women seeking fertility care have different perception concerning the impact of Covid-19 on the motherhood plan than a target population?

MATERIALS AND METHODS



Information on demographic data and their perceptions in face of the COVID-19 pandemics and the motherhood plan was collected.



The age was compared between the groups using the Student t test while the other variables were compared using the Chi-square

CONCLUSION

Besides the fear of becoming sick, the economic burdens are the main reason for the delay in the motherhood plain, especially among women seeking for fertility care. This may be due to the fear of future economic instabilities and the fact that, in Brazil, ART does not qualify for reimbursement.

RESULTS

Distribution of age, marital status and patient's opinion about the possibility of become pregnant among groups

	Group ART (n=368)	Group Interested (n=92)	p
Age	38.5 ± 6.2	37.1 ± 6.8	0.064
Married or in a common-law relationship	83.4% (307/368)	50.0% (46/92)	<0.001
Pandemic could affect the parenthood plans	47.8% (176/368)	28.2% (26/92)	<0.001

Opinion about the duration of the suppression strategies in patients in art-group and interested-group

		Group ART (n=368)	Group Interested (n=92)	P
Duration of the	End of May/2020	9.8%	3.2%	0.033
suppression	End of June/2020	23.6%	7.6%	<0.001
strategies	End of July/2020	21.2%	7.6%	<0.001
	End of August/2020	13.0%	39.1%	<0.001
	Beyond the end of August/2020	31.8%	42.4%	0.054

Opinion on whether the plan to become pregnant was postponed and the reasons why in art-group and interested-group

		Group ART (n=368)	Group Interested (n=92)	P
Pregnancy plan	Postponed	41.3%	60.8%	0.005
	Fear of getting sick	60.5%	64.3%	0.410
	Economic reasons	43.4%	26.8%	0.029
	Pessimist view of the future	11.8%	23.2%	0.041
Reasons to postpone the motherhood plan	Medical advice	2.6%	0.0%	NA
	Discontinuation of ART	46.7%	3.6%	<0.001
	Other	13.1%	17.8%	0.392