



ASPECTOS EPIGENÉTICOS E A INFERTILIDADE MASCULINA: O QUE JÁ SABEMOS

Edson Borges Jr.

**Fertility Medical Group
FERTGROUP**

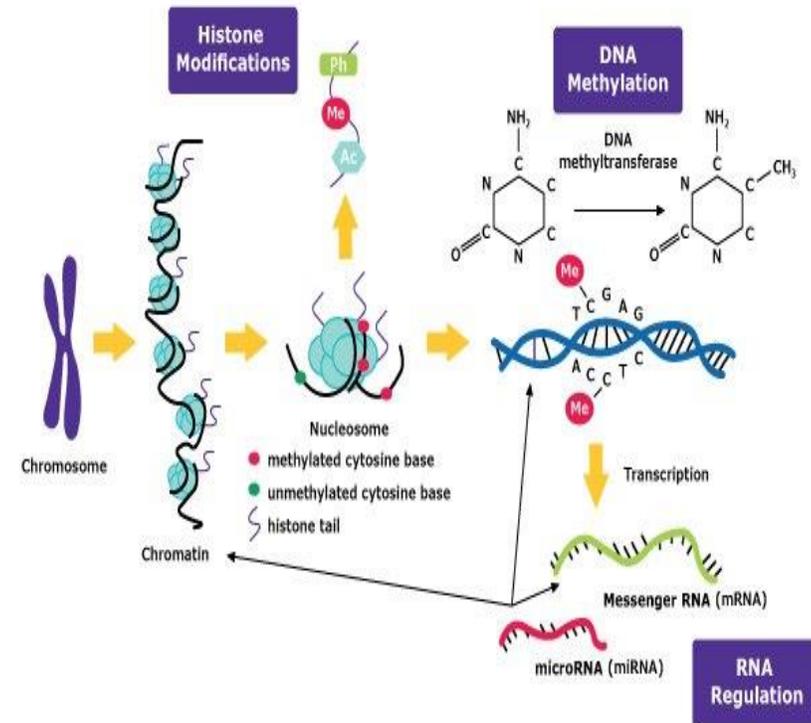
Declaração:

**Sem conflito de interesse para divulgar
relacionado ao assunto desta palestra**

**Resolução do Conselho Federal de Medicina
nº 1.595/2.000**

EPIGENÉTICA

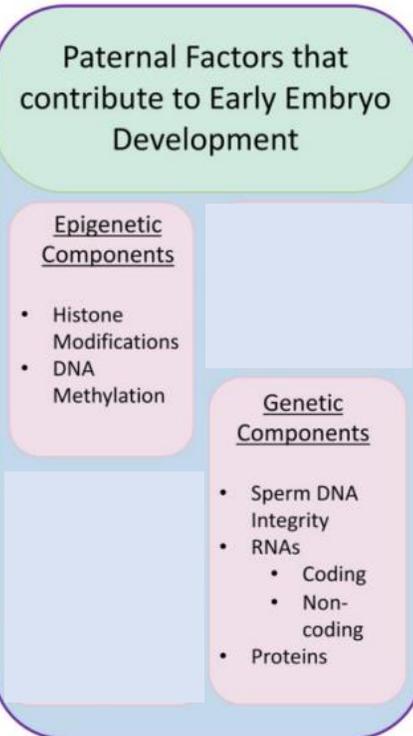
- ❑ Aristóteles já acreditava que todas as nossas características têm origem em um processo denominado “*epigênese*”.
- ❑ O biólogo Conrad Waddington passou a utilizar a palavra epigenética para se referir à *maneira como os genes interagem com o meio ambiente na construção dos organismos*.
- ❑ É a área da biologia que estuda *mudanças no fenótipo que não são causadas por alterações na sequência de DNA e que se perpetuam nas divisões celulares, meióticas ou mitóticas*.



Contribution of semen to early embryo development: fertilization and beyond

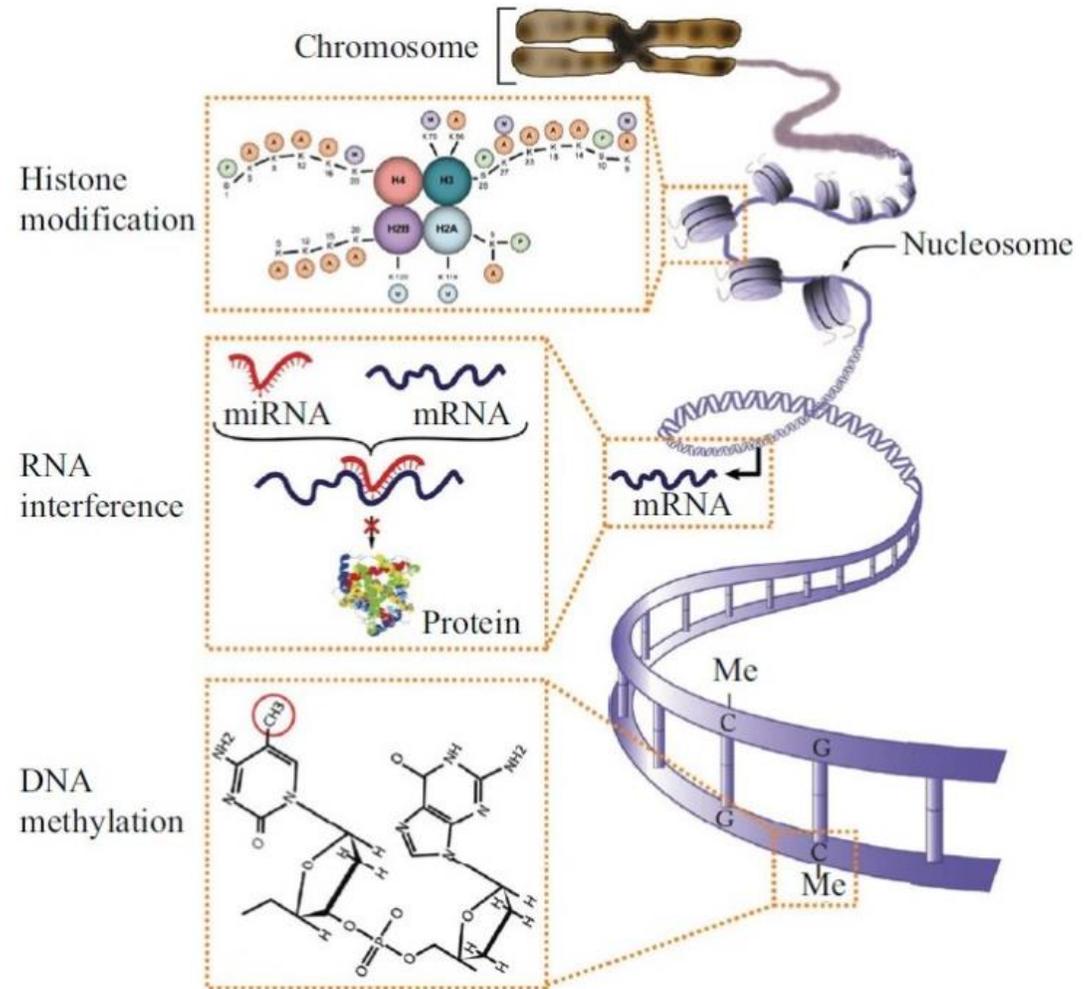
Montserrat Vallet-Buisan¹, Rajwa Mecca¹, Celine Jones¹,
Kevin Coward¹, and Marc Yeste^{2,3,4,*}

¹Nuffield Department of Women's and Reproductive Health, Level 3, Women's Centre, John Radcliffe Hospital, University of Oxford, Oxford, UK ²Biotechnology of Animal and Human Reproduction (TechnoSperm), Institute of Food and Agricultural Technology, University of Girona, Girona, Spain ³Unit of Cell Biology, Department of Biology, Faculty of Sciences, University of Girona, Girona, Spain ⁴Catalan Institution for Research and Advanced Studies (ICREA), Barcelona, Spain



A epigenética refere-se ao processo de regulação gênica sem alterações na sequência do DNA e inclui:

- ❑ DNA methylation
- ❑ Posttranslational histone modifications
- ❑ MicroRNA (miRNA) regulation



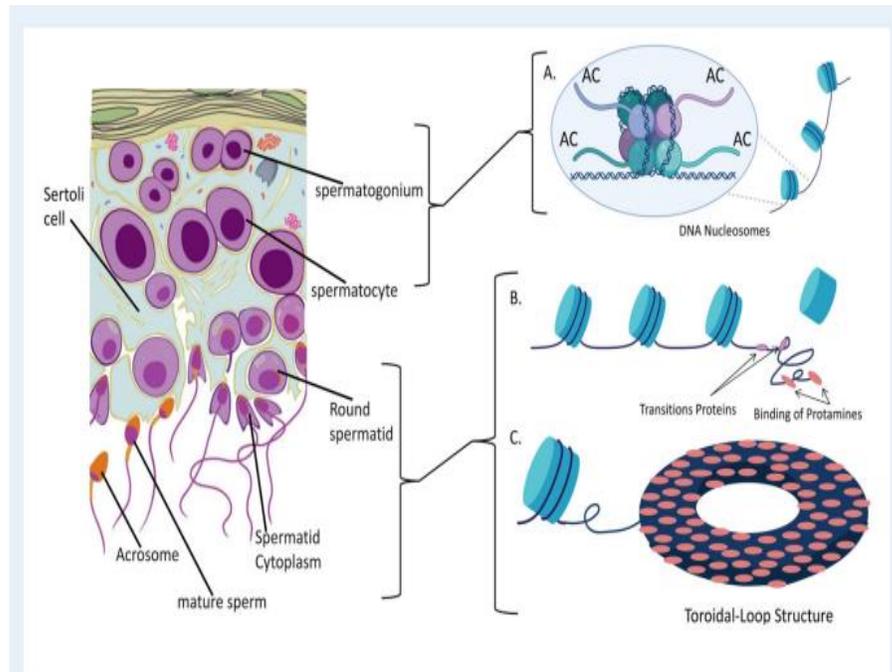


Figure 2. The histone to protamine transition in mammals. During spermatogenesis, histones are replaced by protamines to allow for increased compaction of chromatin within the sperm nucleus. **(A)** During the spermatogonium and primary spermatocyte phases, histones are packed in groups of eight to form a nucleosome. AC represents histone hyperacetylation on the histone tails, which may vary between different histone variants; other epigenetic marks may be applied. **(B)** During the round spermatid phase, remodelling factors, such as transition proteins, help remove chromatin from the nucleosomes and bind it to protamines. **(C)** Protamines form a toroidal loop structure for effective compaction. Figure created with BioRender.com.

A metilação correta do DNA garante a condensação adequada da cromatina na cabeça do espermatozoide, permitindo sua maturação em eventos de fertilização e pós-fertilização

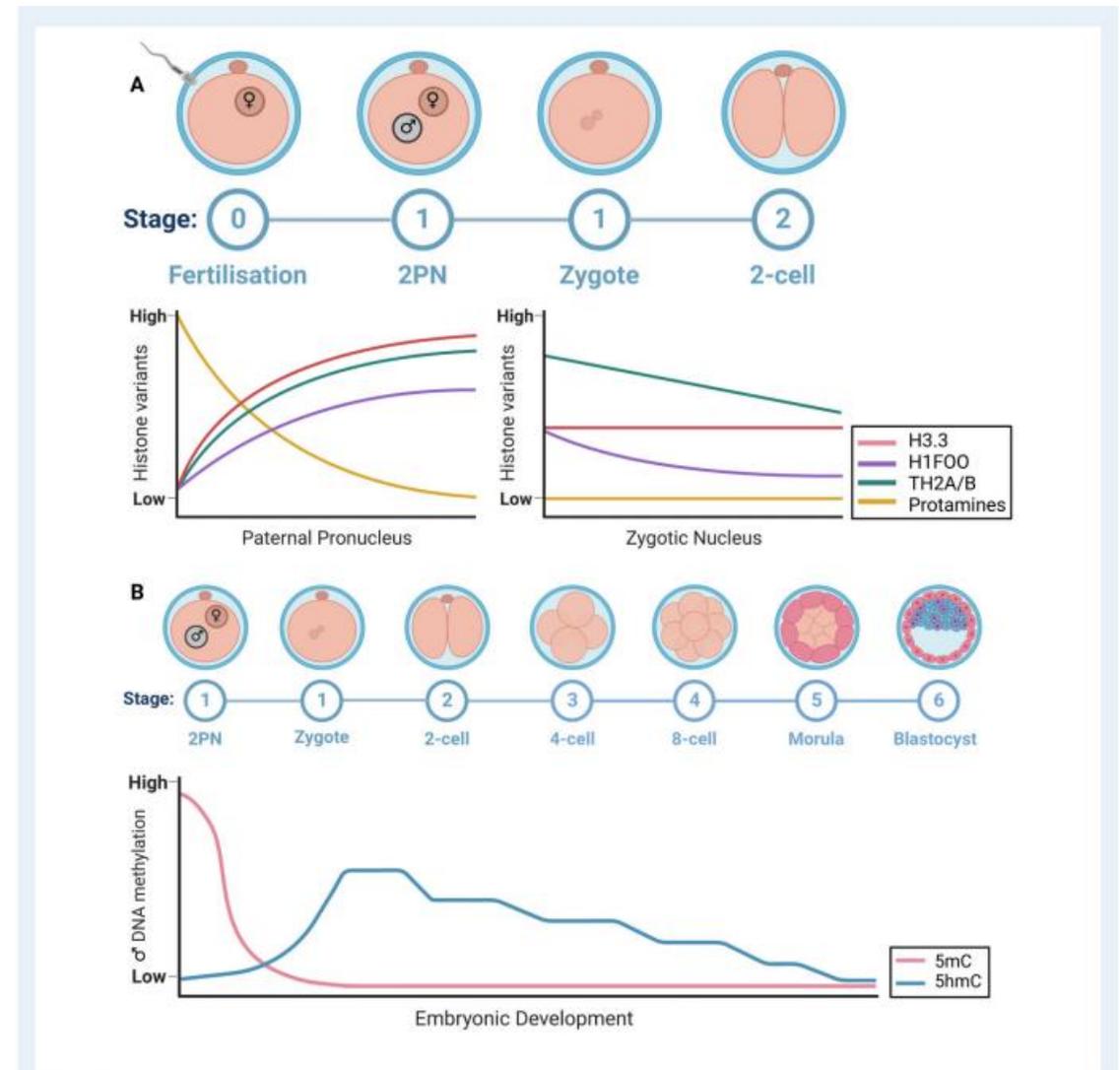
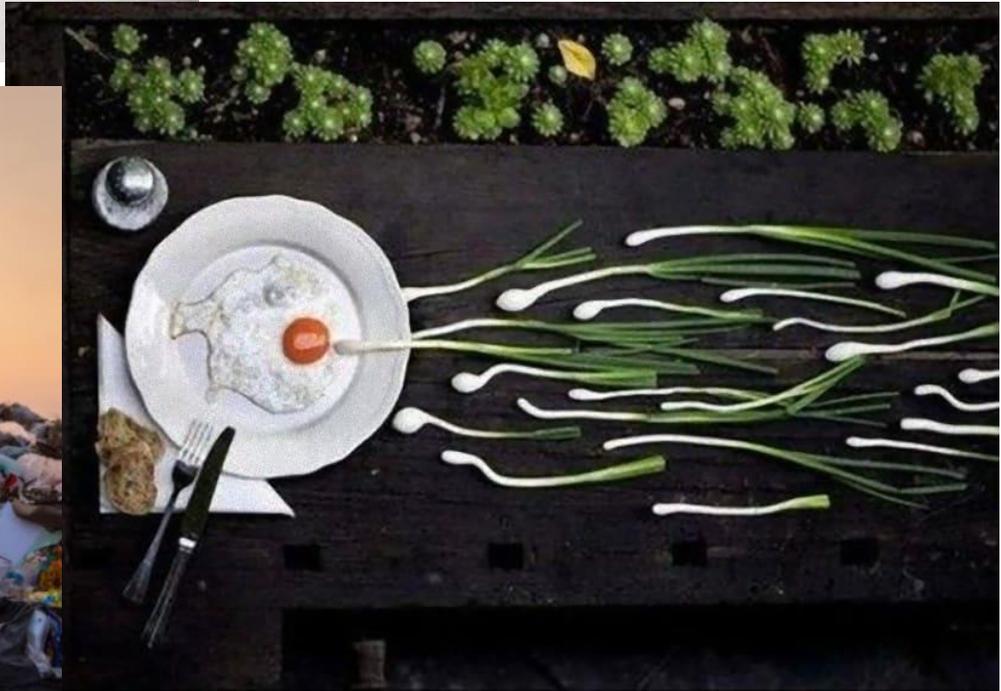
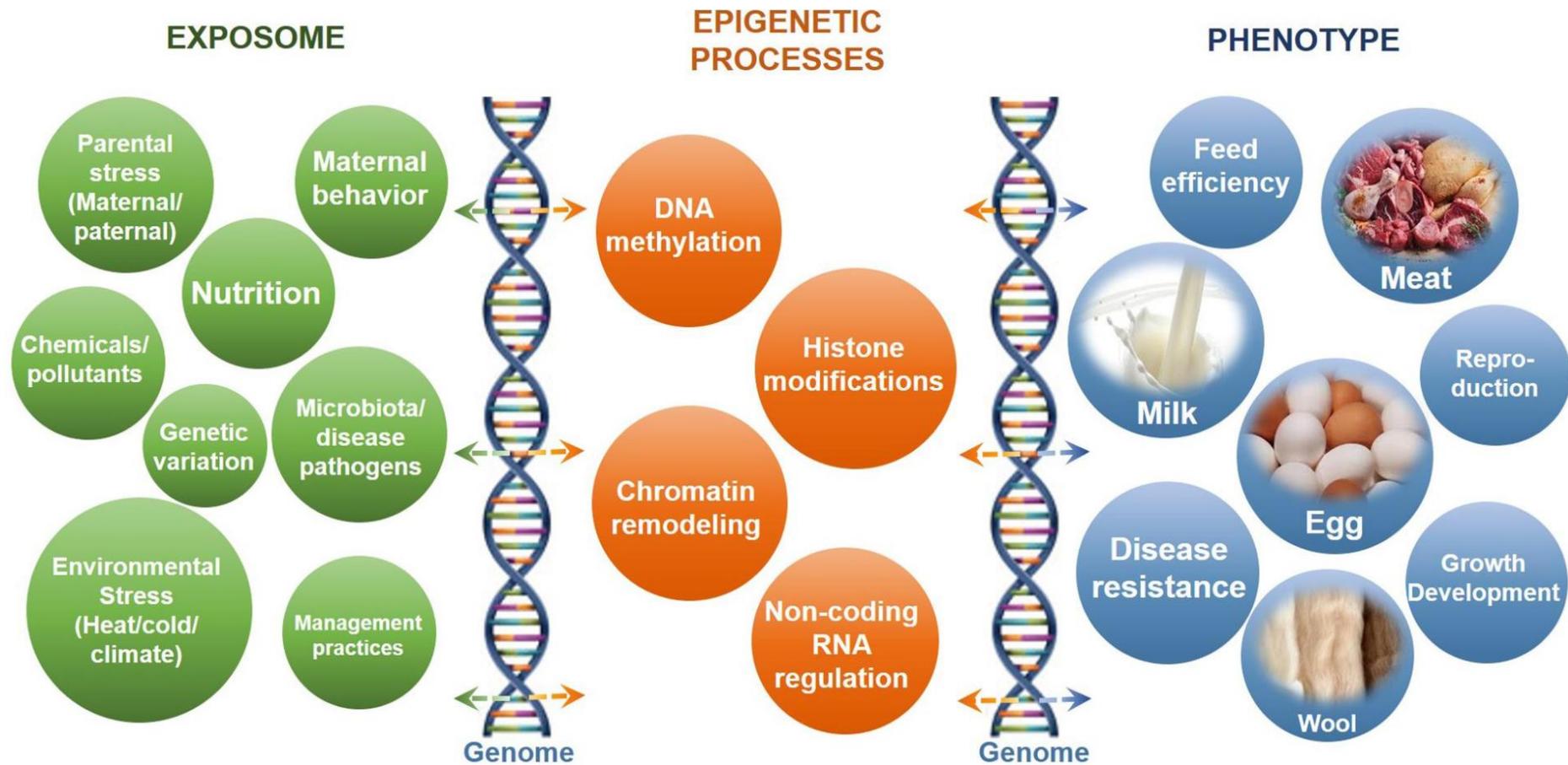
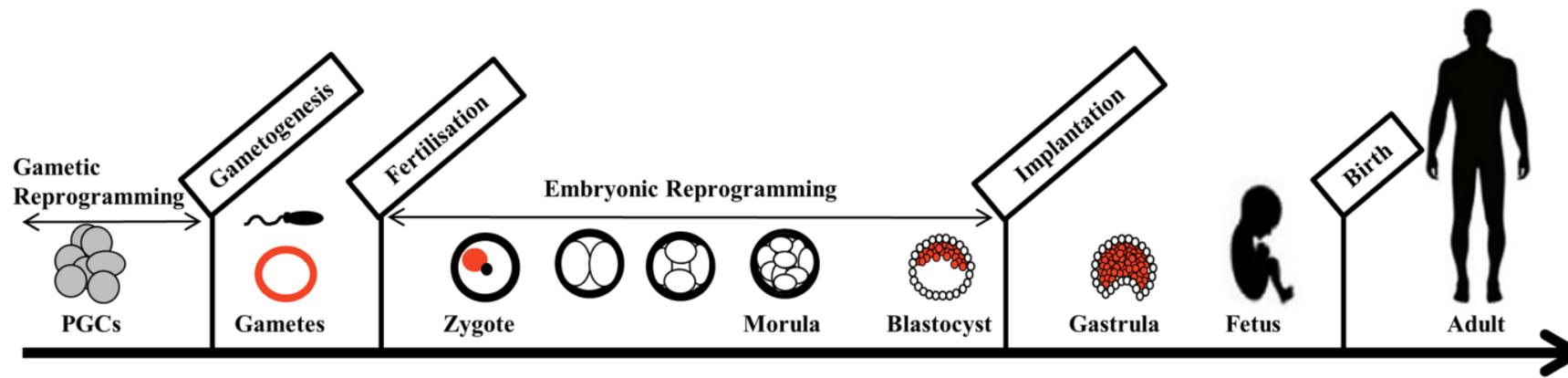


Figure 5. Sperm and zygotic nuclei reprogramming post-fertilization in humans. **(A)** Protamine and histone variant dynamics in early embryo development (adapted from Yang et al., 2015). **(B)** Paternal DNA methylation dynamics in early embryo development. Sperm DNA methylation rapidly decreases; 5mC is converted into 5hmC. **5hmC**, 5-hydroxymethylcytosine; 5mC, 5-methylcytosine; PN, pronucleus; H3.3, histone 3.3; H1FOO, Linker histone H1 FOO; TH2A/B, testis-specific histone H2A/B variants. Created with BioRender.com.



FERT





- ❑ Durante a vida dos mamíferos, as células são submetidas a duas grandes reprogramações epigenéticas em todo o genoma:
 - **Reprogramação Gamética:** ocorre em PGCs de embriões durante o desenvolvimento das células germinativas.
 - **Reprogramação Embrionária:** começa imediatamente após a fertilização e dura até o estágio de blastocisto do desenvolvimento embrionário

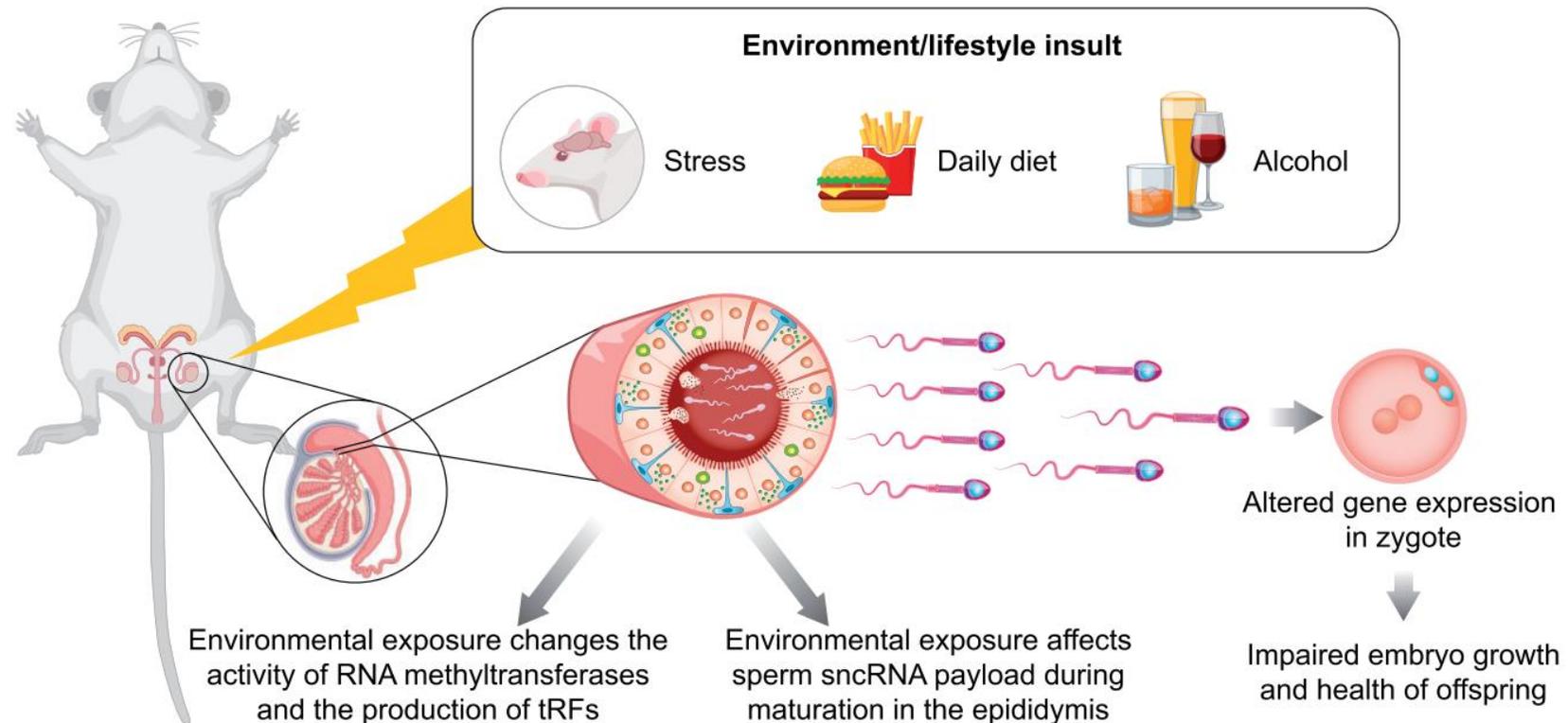
- ❑ Em termos evolutivos, essas mudanças criam *a diversidade fenotípica que alimenta a seleção natural*.

- ❑ No entanto, em vez de ser adaptativa, *essa variação também pode gerar uma infinidade de estados de doença patológica* que variam de distúrbios genéticos a *condições neurológicas*.

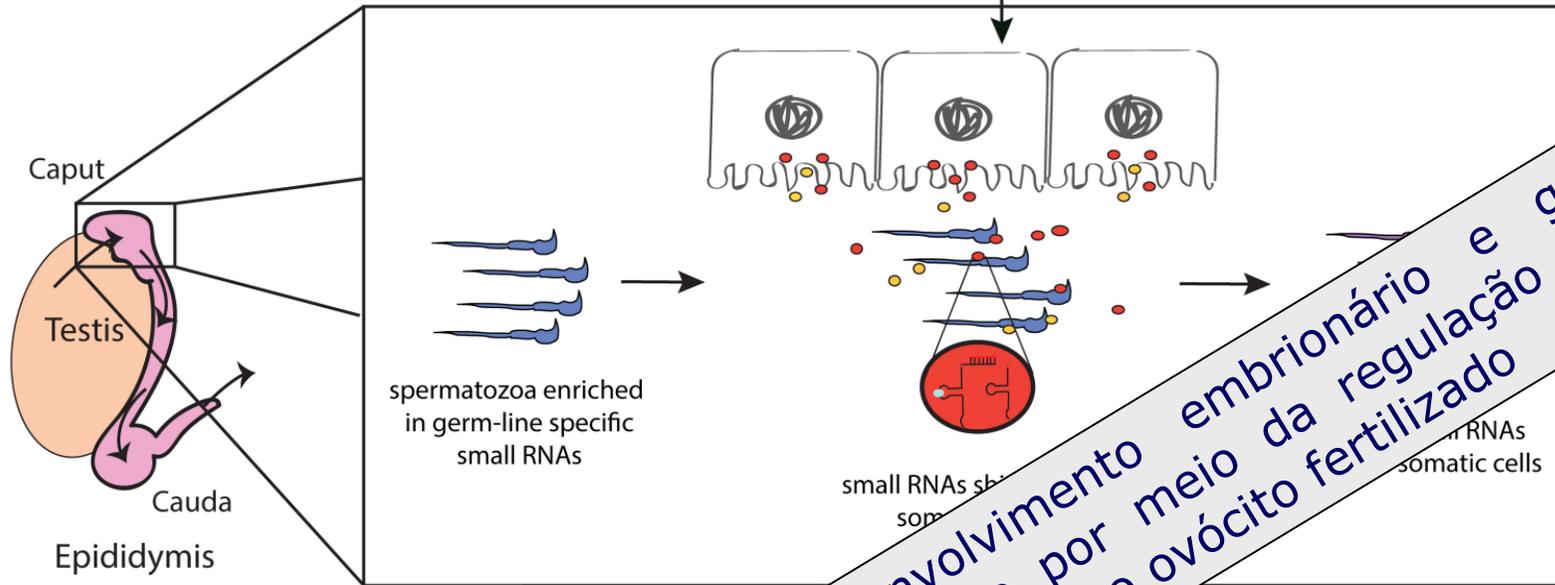
Contribution of epididymal epithelial cell functions to sperm epigenetic changes and the health of progeny

Hong Chen, Maíra Bianchi Rodrigues Alves, and Clémence Belleannée *

Department of Obstetrics, Gynecology and Reproduction, Université Laval, Quebec, Canada

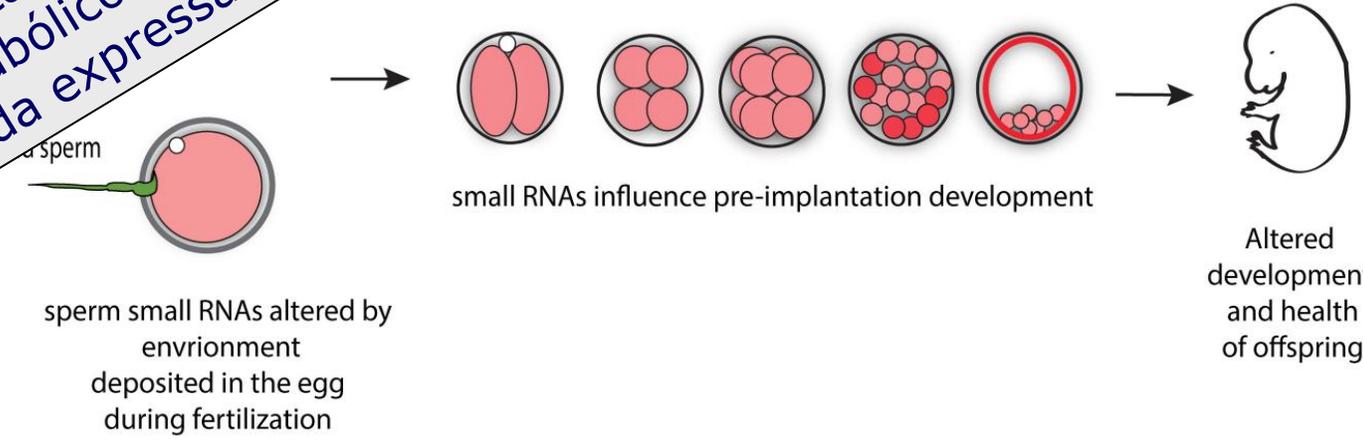


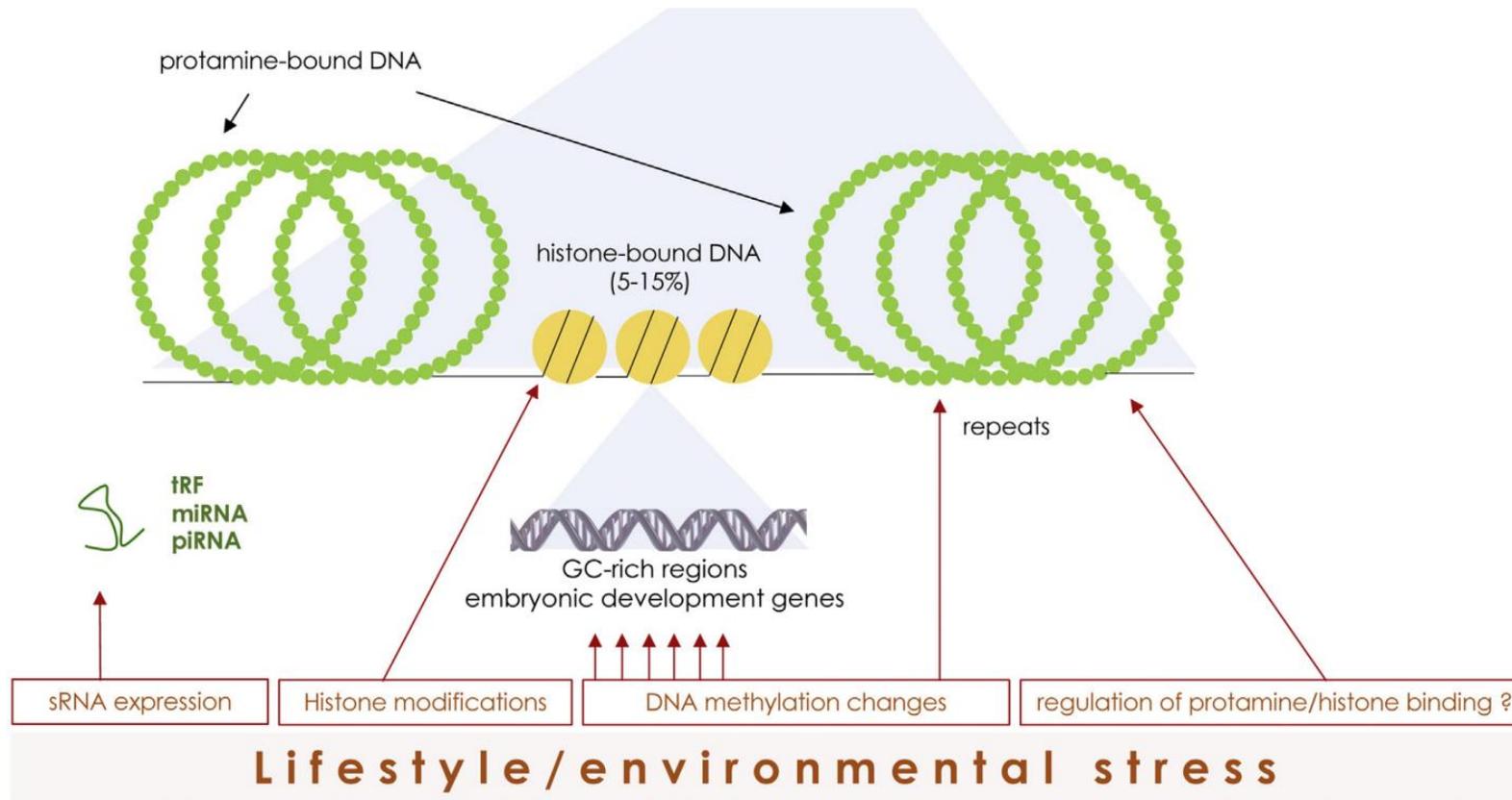
Exposure to different environmental conditions (diet/stress)
alters small RNAs in gonad somatic cells



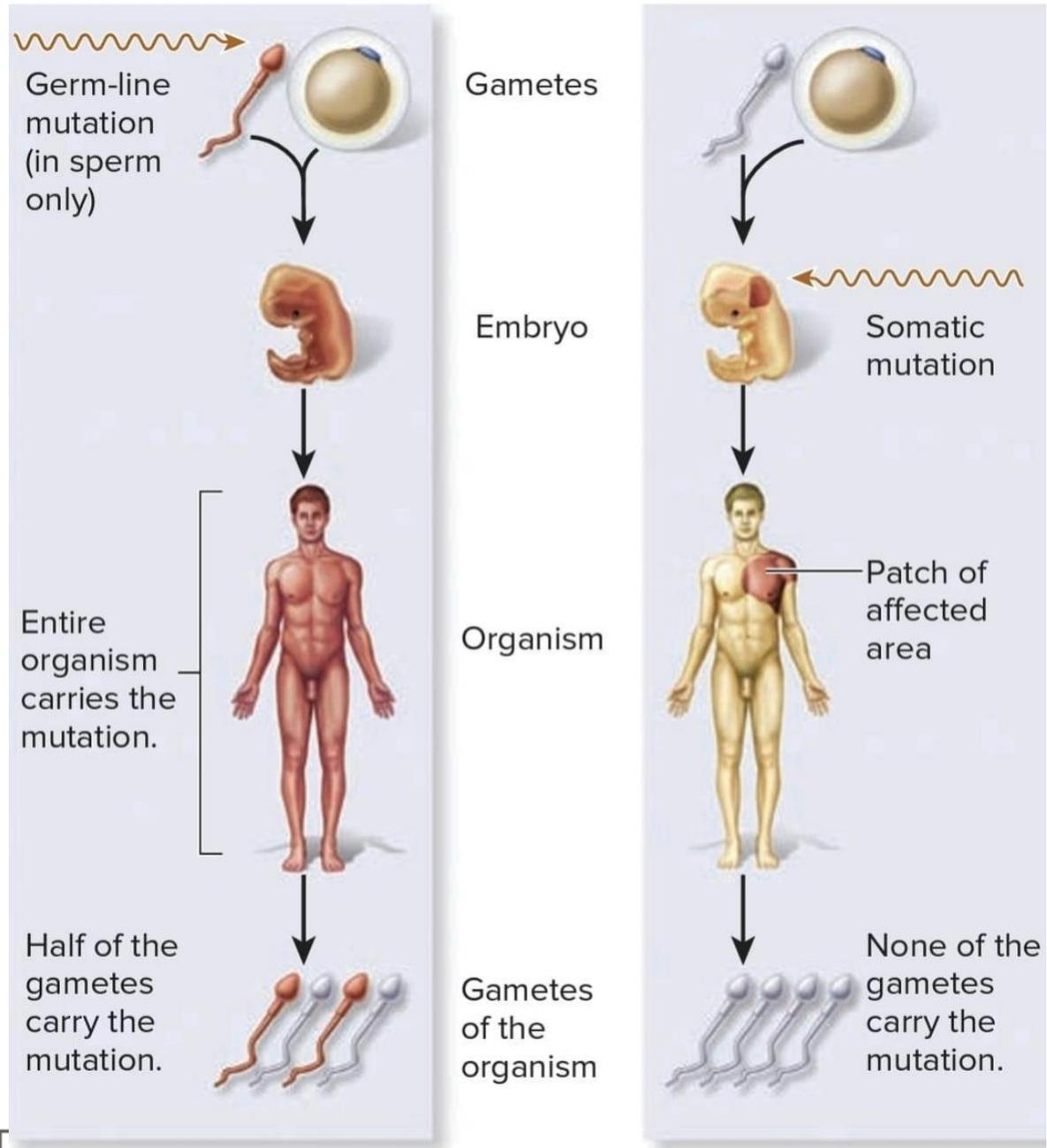
Ambiente: afeta o desenvolvimento embrionário e gera distúrbios metabólicos na prole por meio da regulação pós-transcricional da expressão gênica no ovócito fertilizado

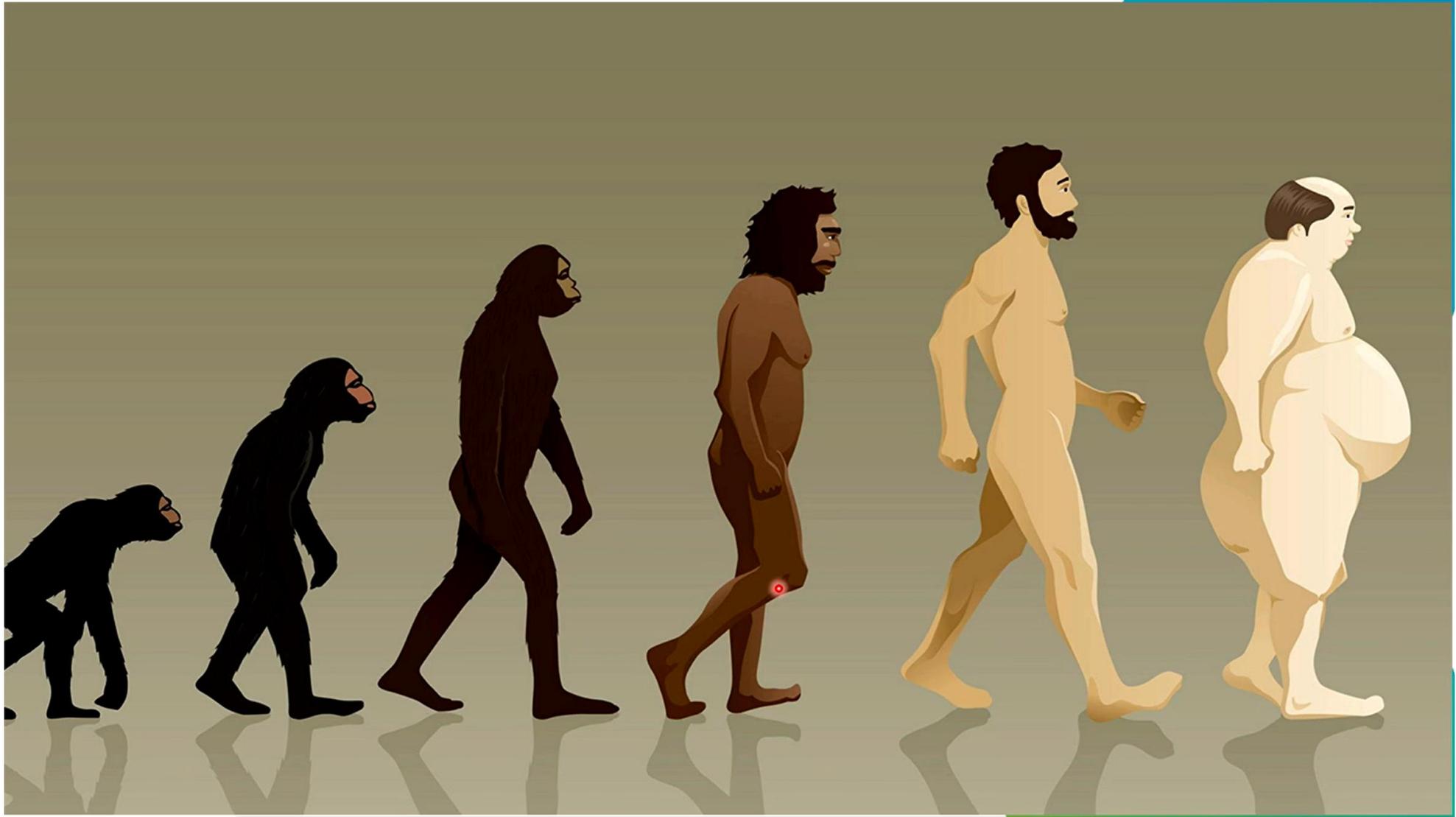
control-





Existem fortes evidências *de fatores epigenéticos causados pelo ambiente e transmitidos pelos espermatozoides, capazes de alterar o fenótipo da próxima geração*





Influence of Diet and Exercise on Sperm and its Epigenome

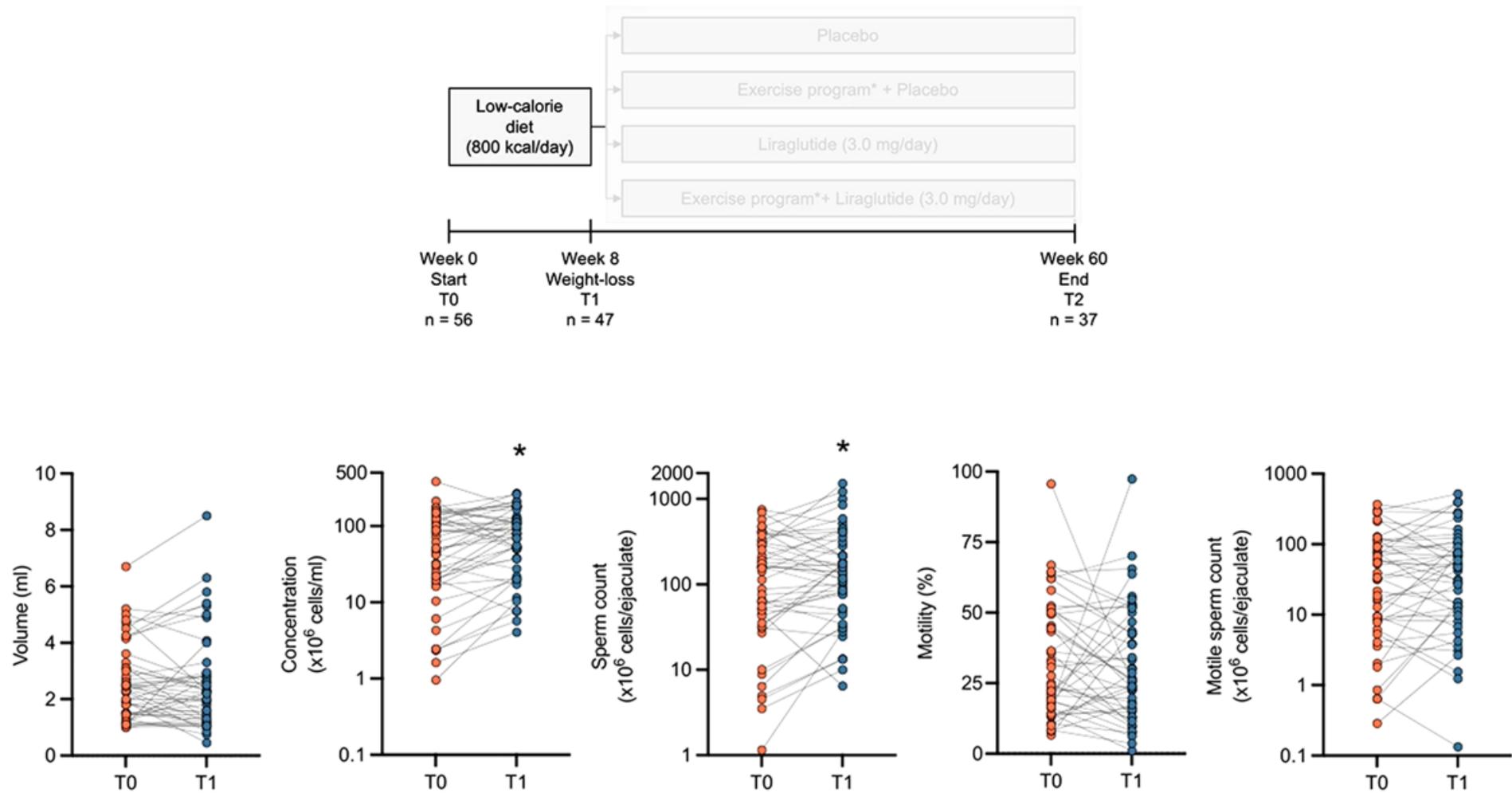
ESHRE Annual Conference 2023, Copenhagen

Prof. Romain Barrès

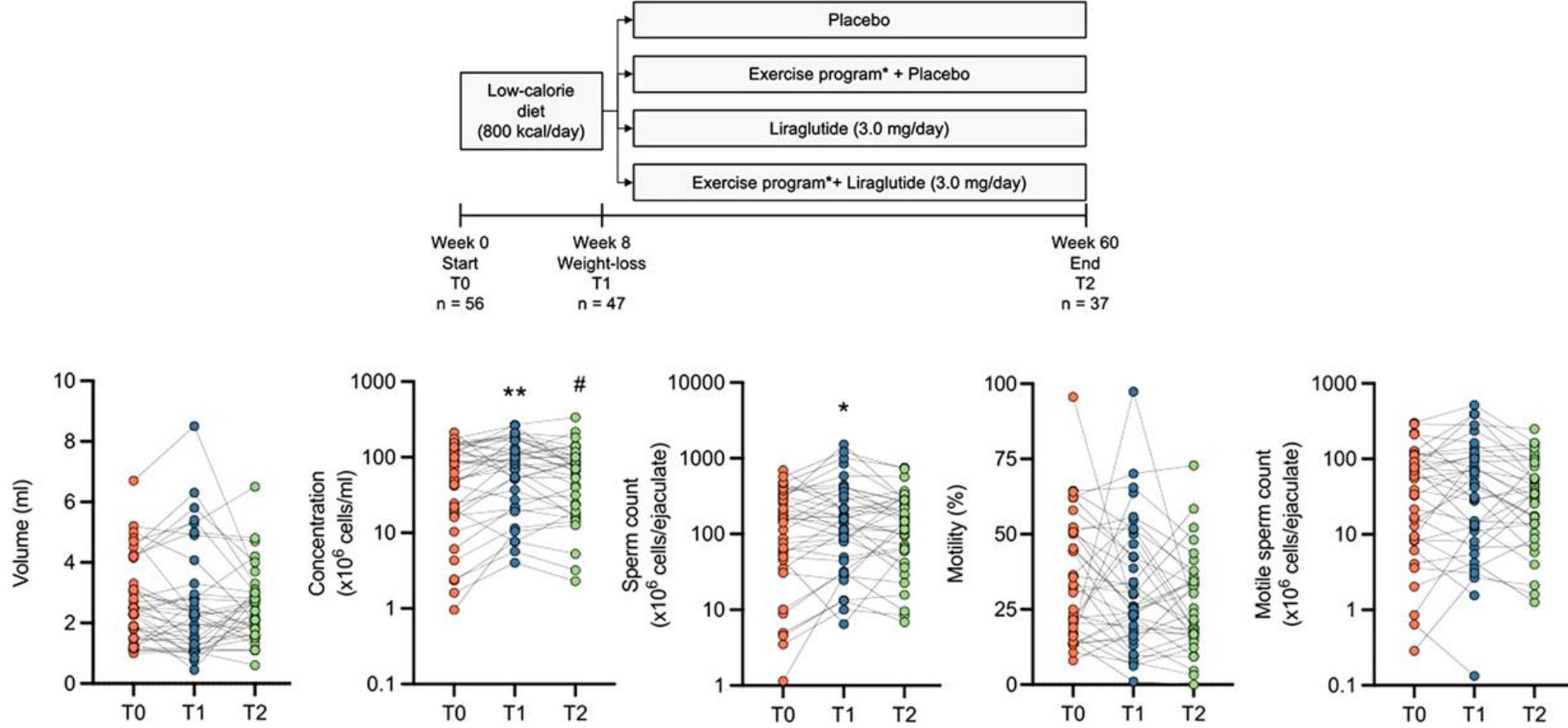
Center for Basic Metabolic Research (CBMR)
University of Copenhagen

Institut de Pharmacologie Moléculaire et Cellulaire
Université Côte d'Azur



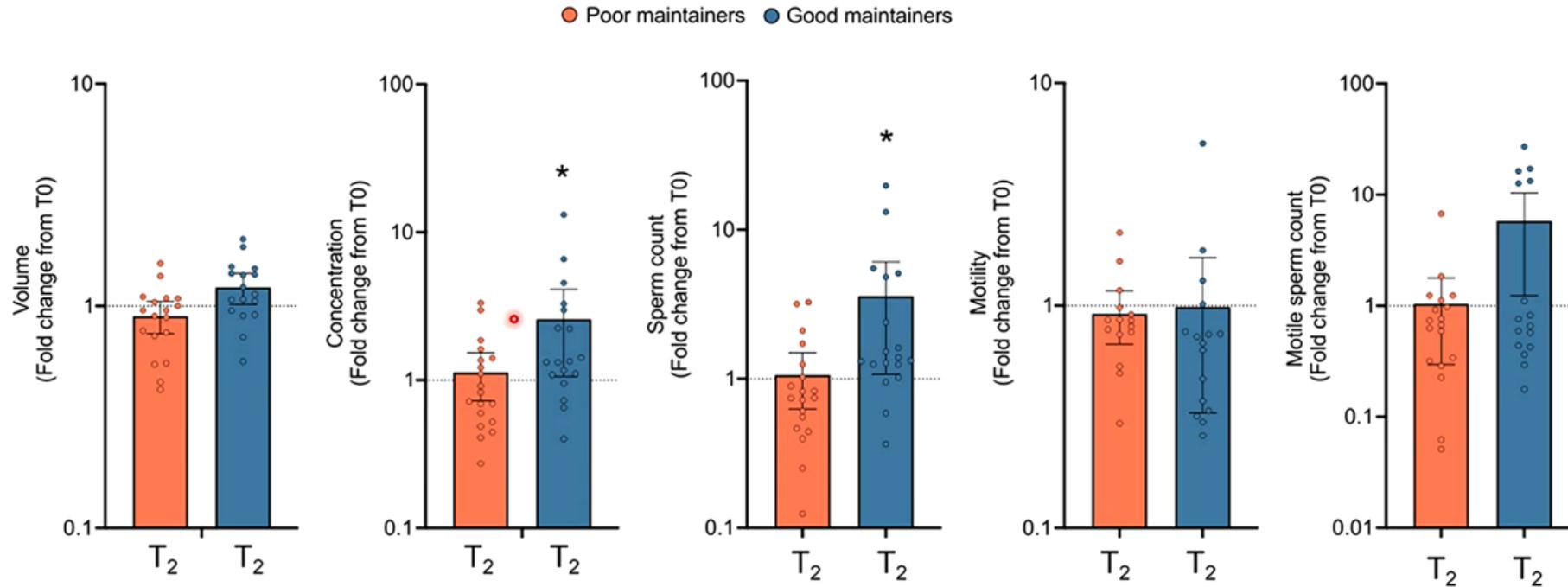


Andersen and Juhl, [...] Torekov and Barrès. **Hum Reprod.** 2022



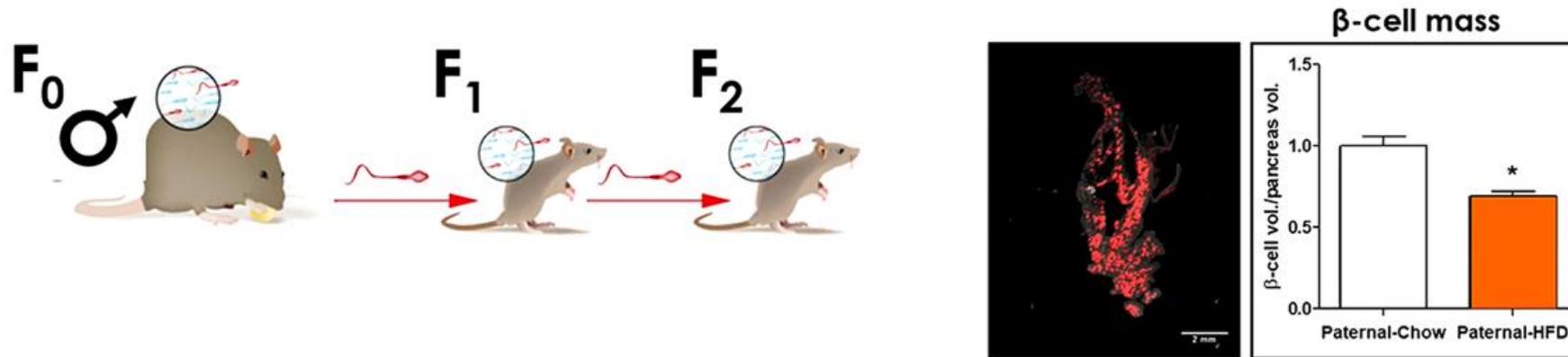
Andersen and Juhl, [...] Torekov and Barrès. **Hum Reprod.** 2022

Maintenance of weight loss after 52 weeks is associated with improved sperm concentration and sperm count



Andersen and Juhl, [...] Torekov and Barrès. **Hum Reprod.** 2022

Western style diet before conception is associated with epigenetic changes in sperm and an altered metabolic phenotype in the offspring



Ng [...], Barrès, [...], and Morris, *Nature*, 2010.
De Castro Barbosa [...] and Barrès, *Molecular Metabolism*, 2015.



Article <https://doi.org/10.1038/s41467-023-38314-x>

Male reproductive traits are differentially affected by dietary macronutrient balance but unrelated to adiposity

Received: 25 September 2022

A. J. Crean¹, S. Afrin¹, H. Niranjan¹, T. J. Pulpitel¹, G. Ahmad^{1,2}, A. M. Senior¹,

Accepted: 25 April 2023

T. Freire¹, F. Mackay¹, M. A. Nobrega³, R. Barrés^{4,5}, S. J. Simpson¹ & T. Pini^{1,6}



Steve Simpson



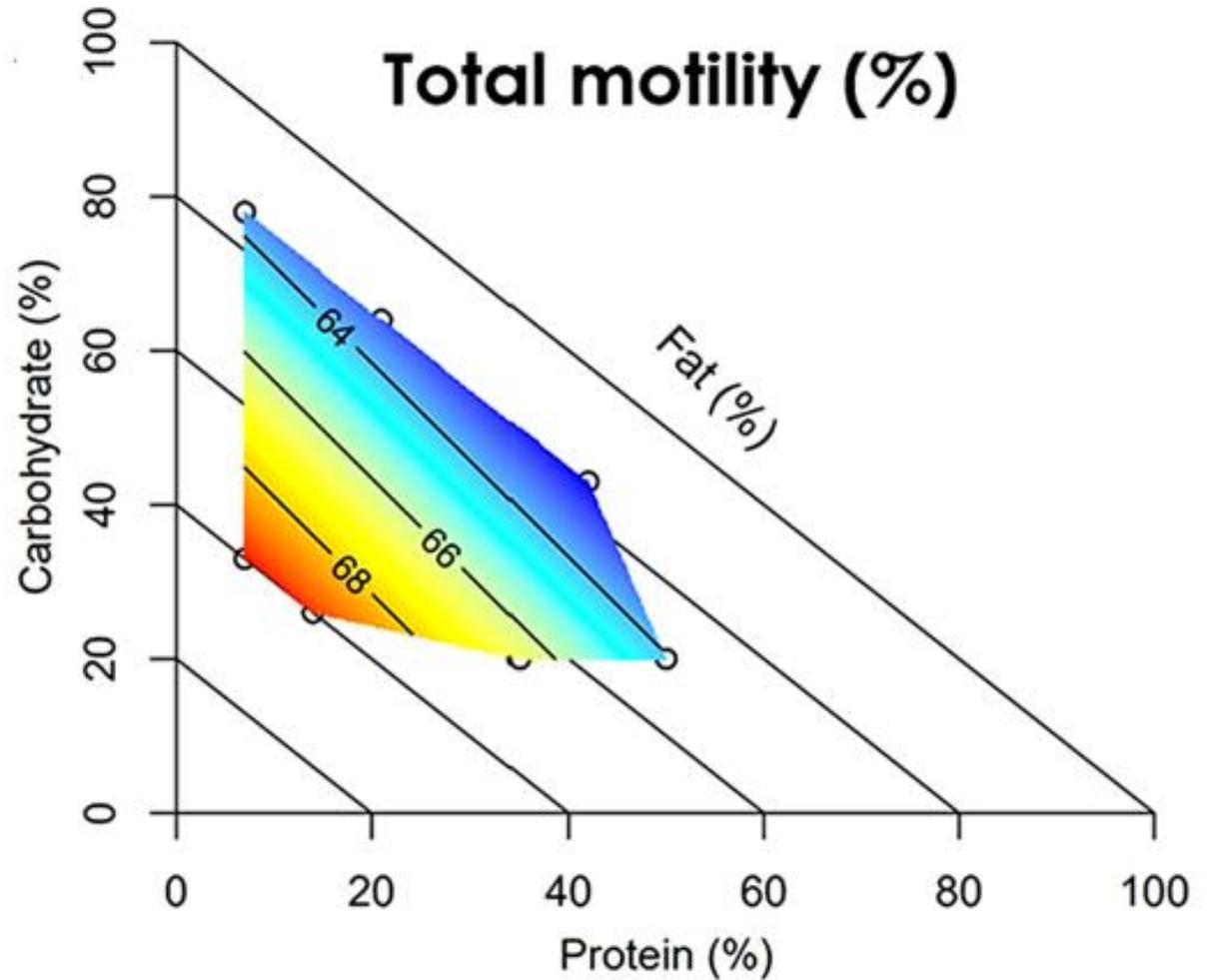
Angela Crean



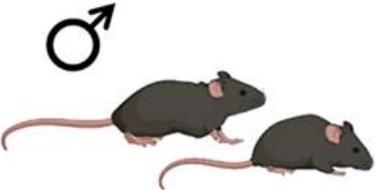
Taylor Pini

Crean et al., Nat Communications. 2023 May 4;14(1):2566.

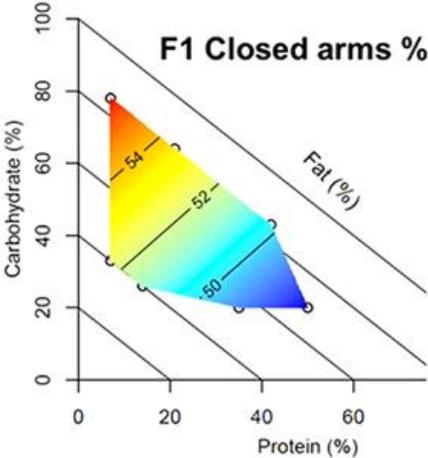
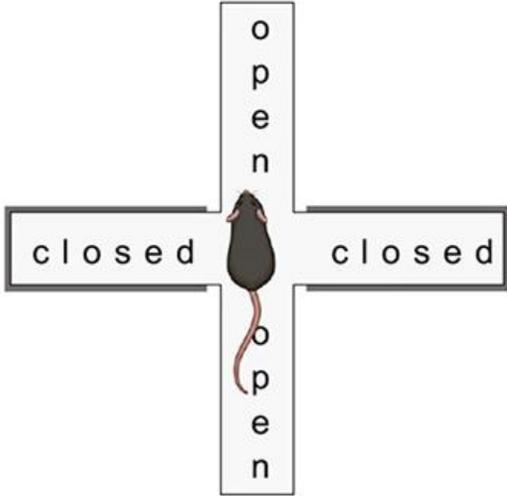
Diet and obesity independently impact sperm motility



Low protein high carbohydrate paternal diet composition induces an anxiety-like phenotype in male offspring

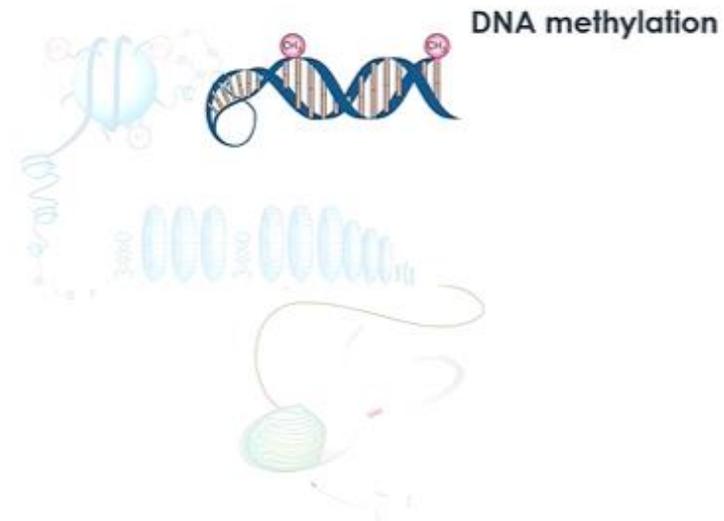
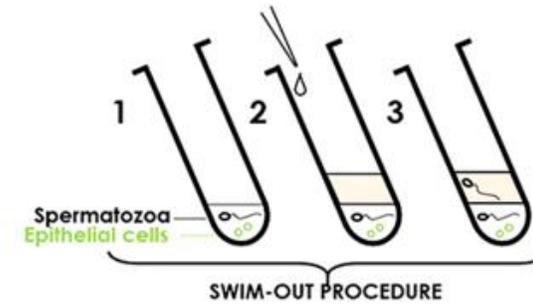
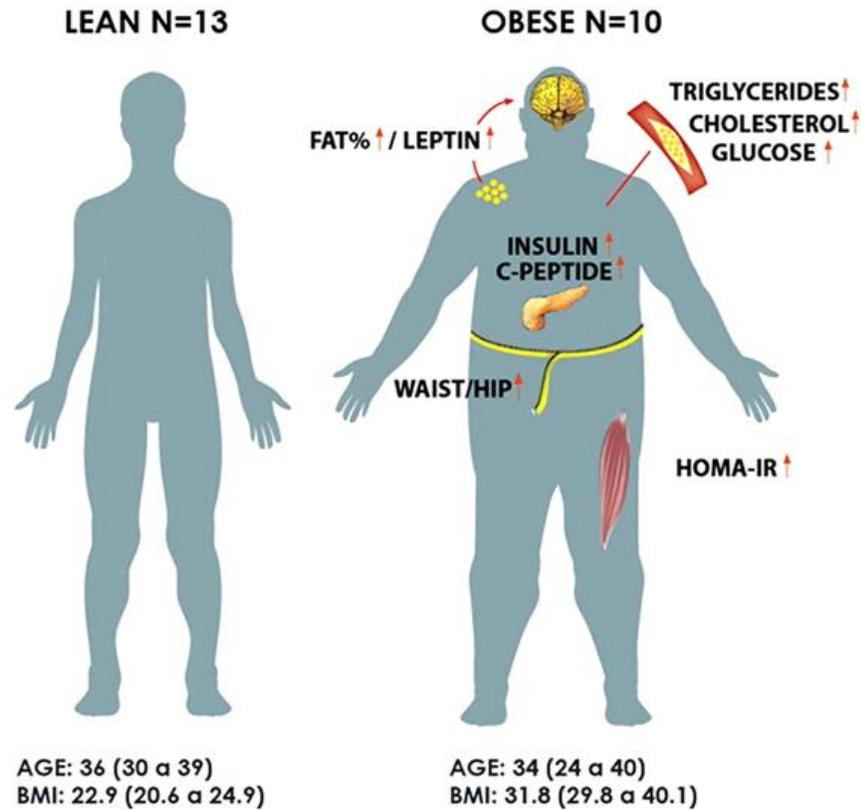


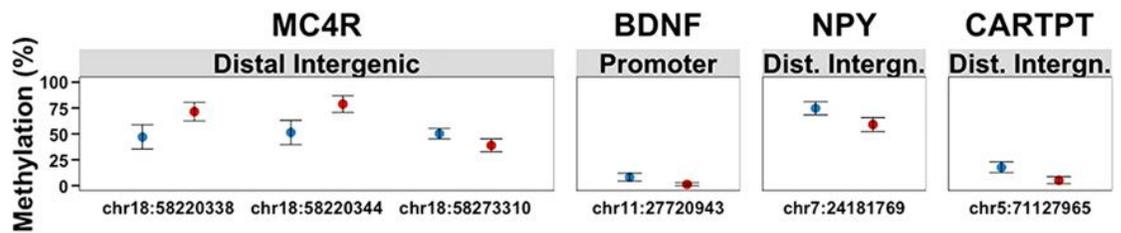
Male offspring



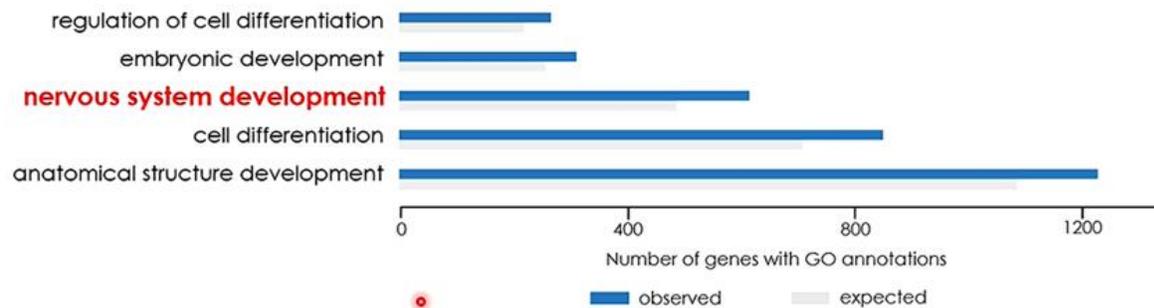
Crean et al., **Unpublished**.

EPIGENETIC PROFILING OF SPERMATOZOA

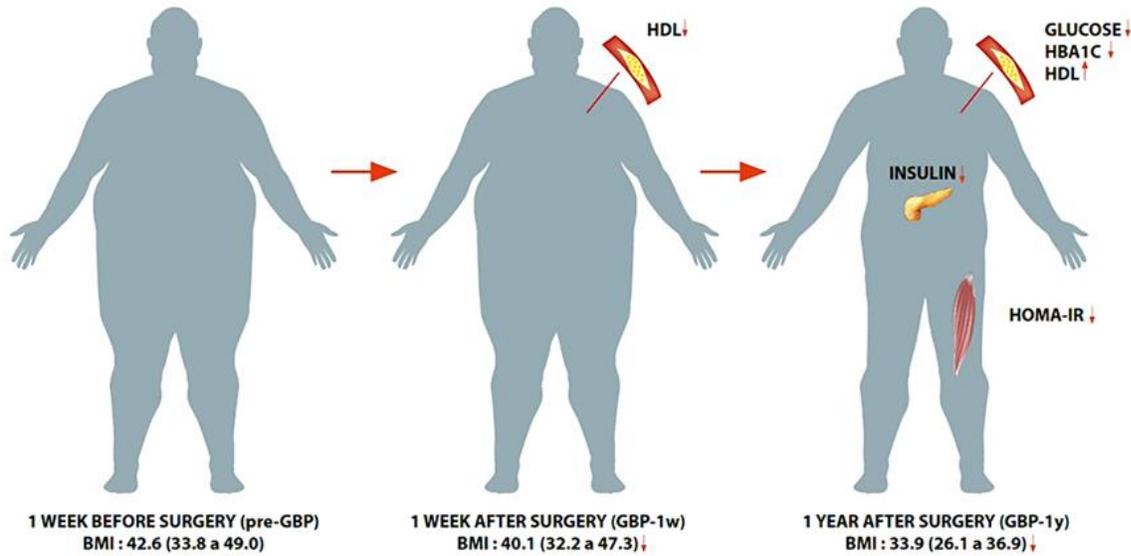




Brain function and the central regulation of appetite



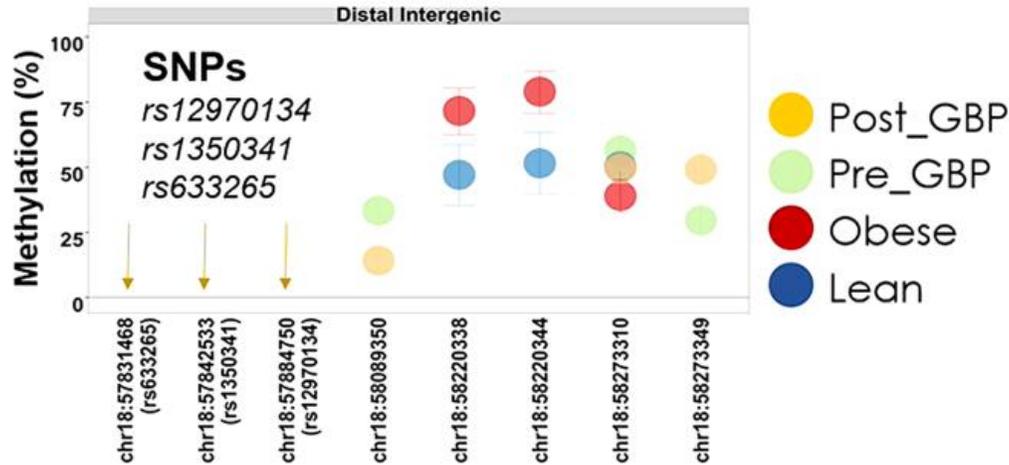
Donkin and Versteyhe, [...] and Barrès. *Cell Metabolism*, 2016.



Metylation response:
environment can change
the epigenome sperm in
the same individual

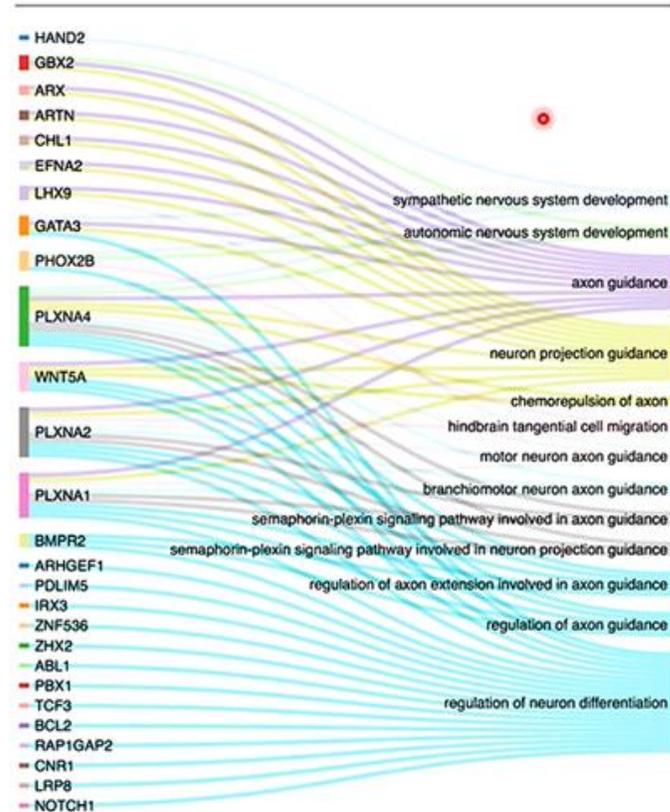
Sperm DNA methylation response

MC4R



DNA methylation variation after exercise training affects brain development genes

Trained



Detrained

- Environmental factors that lead to epigenetic variation.
- Genes related to the brain: hotspots of genetic variation



Genes related to neurogenesis expressed in the brain and CNS are more susceptible to epigenetic variation

Ingerslev and Donkin, [...] and Barrès. *Clinical Epigenetics*, 2018.

Paternal sperm DNA methylation associated with early signs of autism risk in an autism-enriched cohort

Jason I Feinberg,^{1,2} Kelly M Bakulski,^{1,2,3} Andrew E Jaffe,^{4,11} Raket Tryggvadottir,² Shannon C Brown,^{1,3} Lynn R Goldman,^{5,6} Lisa A Croen,⁷ Irva Hertz-Picciotto,⁸ Craig J Newschaffer,^{9,10} M Daniele Fallin^{1,11,*} and Andrew P Feinberg^{2,12,*}

Int J Epidemiol. 2015



The epigenetic signature of these fathers (DNA methylation) was striking overlap between those with gastric bypass and obese individuals.

Feinberg et al., *Int J Epidemiol*, 2015.

OBESITY

Paternal obesity—a risk factor for autism?

Susan K. Murphy

The aetiology of autism-spectrum disorders is partly explained by genetic factors, but a substantial component is attributed to environmental exposures. New evidence suggests that paternal obesity increases the risk of having a child with autism, which raises the possibility that obesity-driven, autism-related shifts in epigenetic reprogramming occur during spermatogenesis.

Murphy, S. K. *Nat. Rev. Endocrinol.* 10, 389–390 (2014); published online 3 June 2014;
[doi:10.1038/nrendo.2014.81](https://doi.org/10.1038/nrendo.2014.81)



“**Paternal obesity** was associated with a **73% increased risk** (OR 1.73, 95% CI 1.07–2.82) of having a child diagnosed with autism, compared with the risk of autism in children of **non obese fathers** (BMI \leq 25 kg/m²).”

Murphy, **Nat Rev Endocrinol**, 2014

RESEARCH

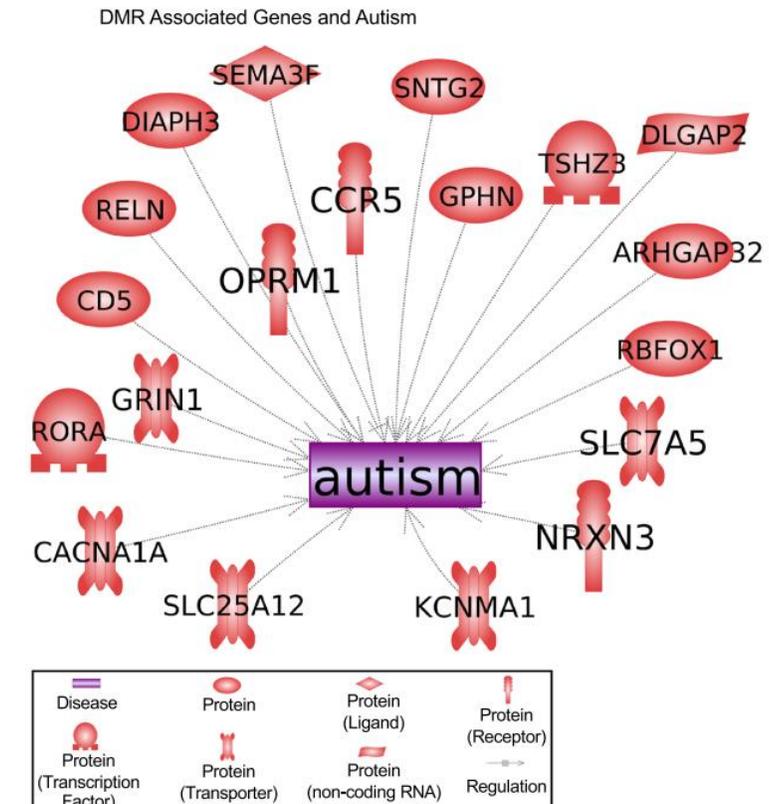
Open Access



Sperm DNA methylation epimutation biomarker for paternal offspring autism susceptibility

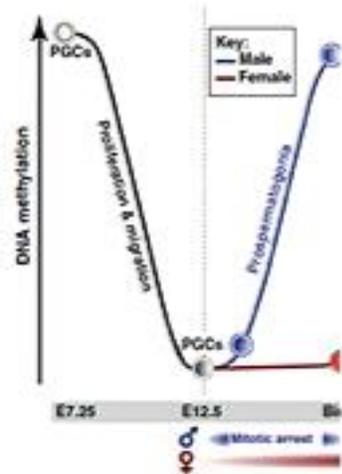
Nicolás Garrido¹, Fabio Cruz¹, Rocio Rivera Egea¹, Carlos Simon^{2,3}, Ingrid Sadler-Riggelman⁴, Daniel Beck⁴, Eric Nilsson⁴, Millissia Ben Maamar⁴ and Michael K. Skinner^{4*}

Exposições paternas dos ancestrais ou no início da vida que alteram a epigenética da linhagem germinativa pode ser um componente molecular da etiologia do TEA.



A Unique Gene Regulatory Network Resets the Human Germline Epigenome for Development

Walter W.C. Tang,^{1,2,3,4} Sabine Dietmann,^{1,2} Naoko Irie,^{1,2,3} Harry G. Leitch,³ Vasileios I. Floros,⁴ Charles R. Bradshaw,¹ Jamie A. Hackett,^{1,2,3} Patrick F. Chinnery,⁴ and M. Azim Surani^{1,2,3,*}



Region escaping reprogramming were related to “[...] genes expressed in brain and participated in neural development. Comparison of the escapee genes with the NHGRI GWAS catalog revealed characteristic trait and disease associations, such as “obesity-related traits,” “schizophrenia,” [...]”

Tang et al., **Cell**, 2015.

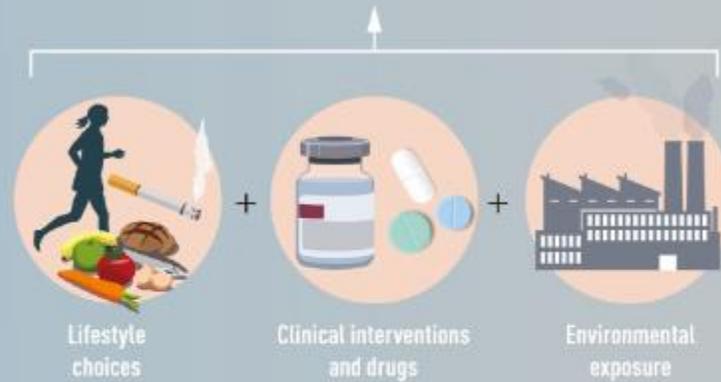
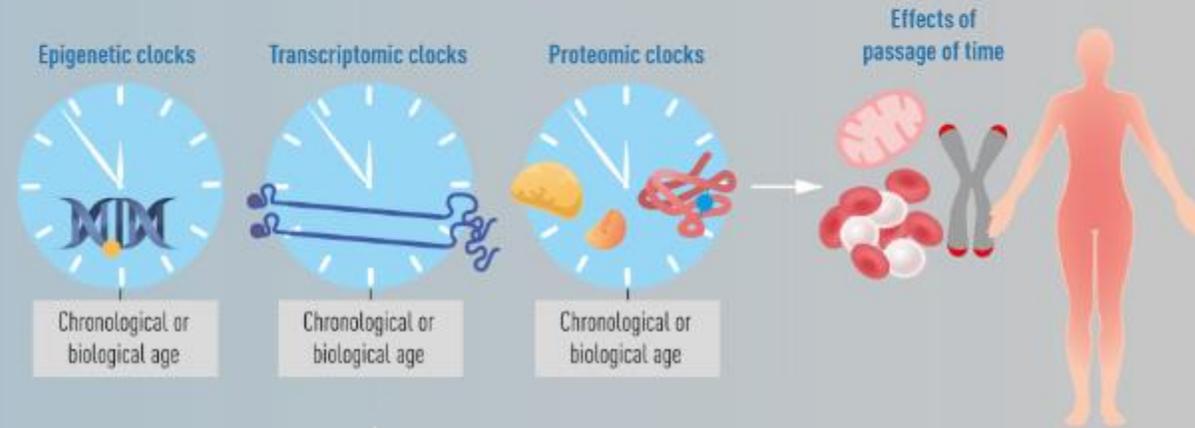


Epigenetic aging:

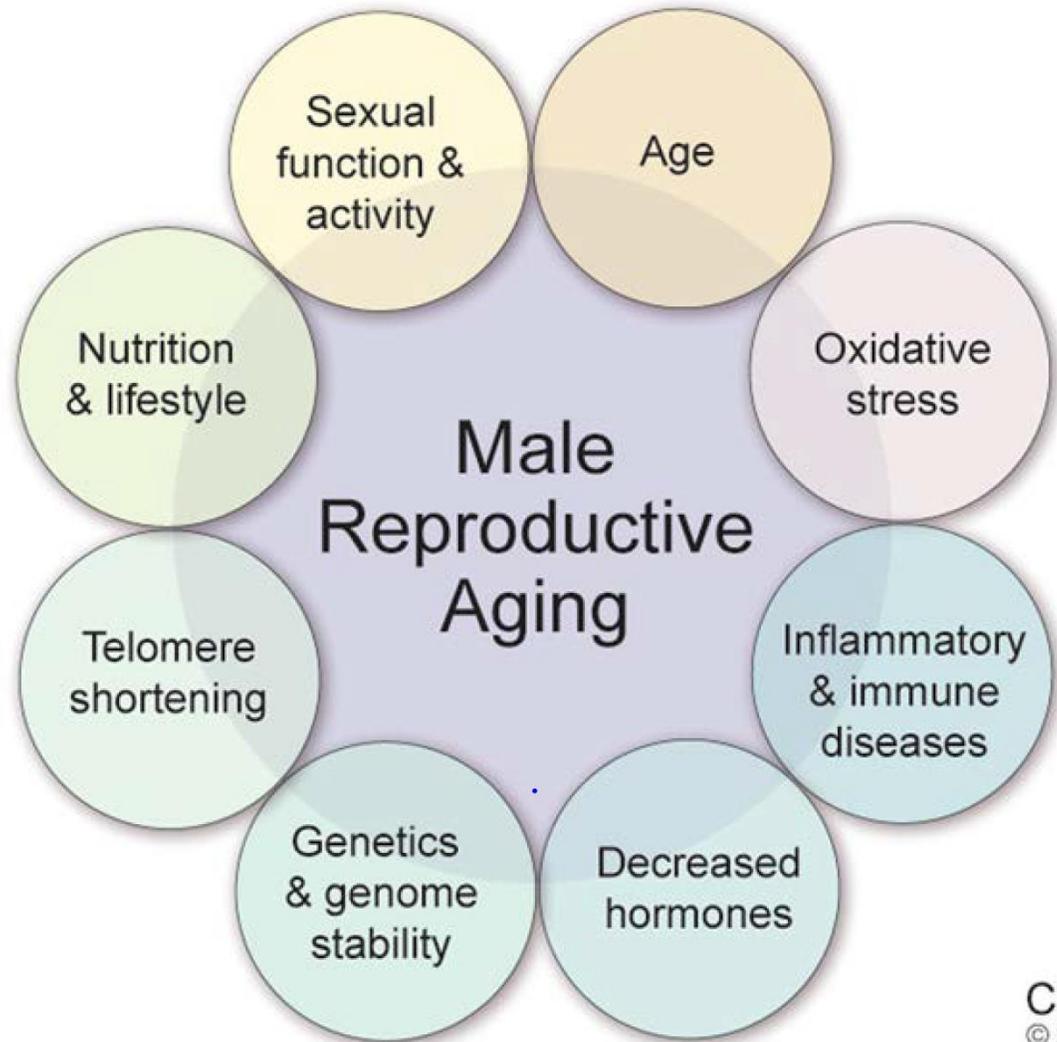
Biomarkers of disease and informing a mechanistic theory of aging

Healthspan

Lifespan



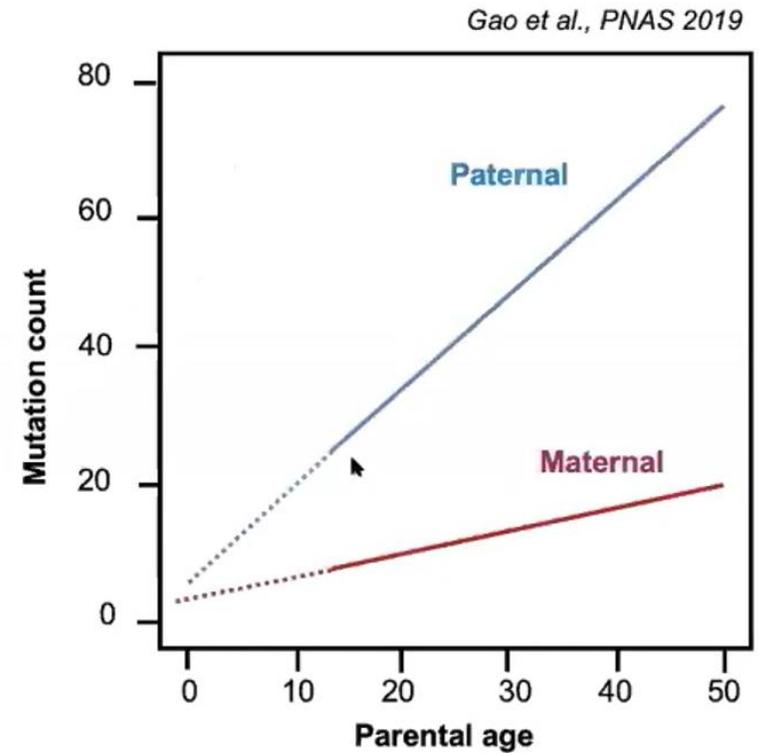
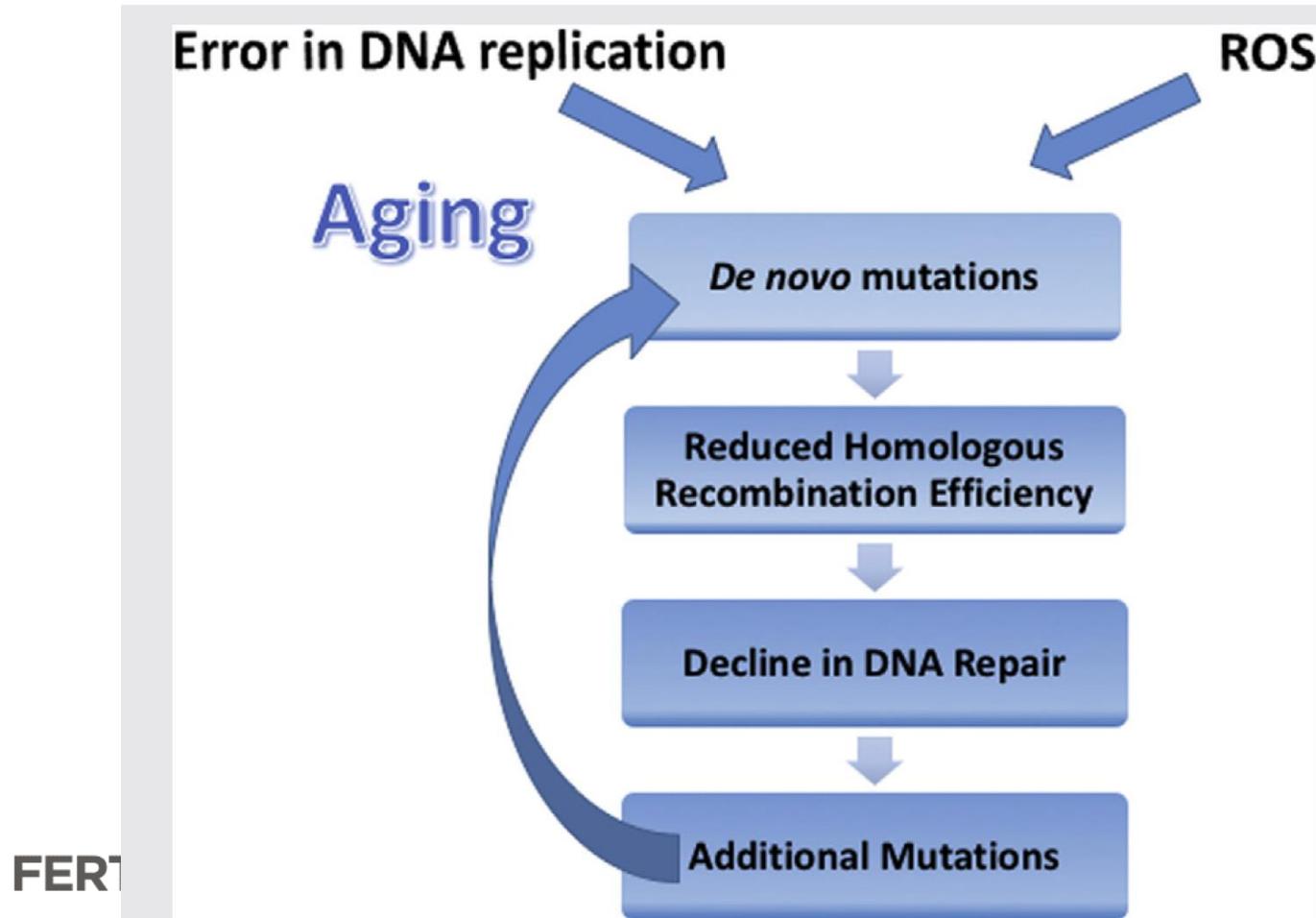
JIM Journal of Internal Medicine
Founded in 1863



CCF
© 2014

Figure 1 Main factors involved in impaired male infertility due to reproductive aging.

Replications errors and de novo mutations



Influence of paternal age on assisted reproductive technology cycles and perinatal outcomes

Audrey M. Marsidi, M.D.,^a Lauren M. Kipling, M.P.H.,^b Jennifer F. Kawwass, M.D.,^a and Akanksha Mehta, M.D.^c

^a Division of Reproductive Endocrinology and Infertility, Department of Gynecology and Obstetrics, Emory Reproductive Center, Atlanta, Georgia; ^b Department of Epidemiology, Emory University Rollins School of Public Health, Atlanta, Georgia; and ^c Department of Urology, Emory University School of Medicine, Atlanta, Georgia

Fertil Steril 2021;116:380-7

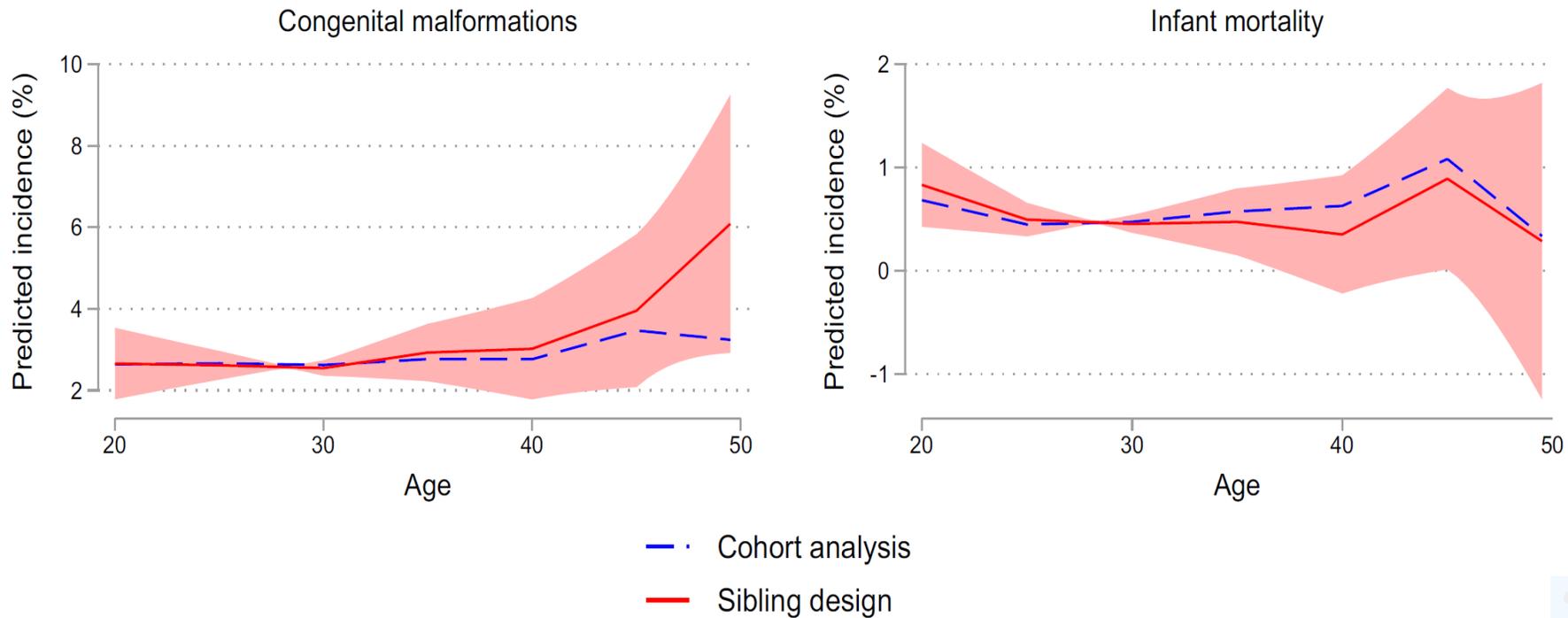
- ➔ 77,209 fresh nondonor cycles
- ➔ Compared with paternal age ≤ 45 years, paternal age ≥ 46 years was associated with:
 - **a lower likelihood of pregnancy per cycle** (adjusted risk ratio [aRR] 0.81; 95% confidence interval [CI] 0.76–0.87) and per transfer (aRR 0.85; 95% CI 0.81–0.90);
 - **a lower likelihood of live birth per cycle** (aRR 0.76; 95% CI 0.72–0.84) **and per transfer** (aRR 0.82; 95% CI 0.77–0.88), (after controlling for maternal age and other confounders).



Parental age and birth defects: a sibling study

Hans K. Hvide^{1,2,3} · Julian Johnsen⁴ · Kjell G. Salvanes^{2,5,6,7,8}

Panel B. Regression spline



Advanced paternal age is associated with an increased risk of spontaneous miscarriage: a systematic review and meta-analysis

Nadia A. du Fossé^{1,*}, Marie-Louise P. van der Hoorn¹,
 Jan M.M. van Lith¹, Saskia le Cessie^{2,3}, and Eileen E.L.O. Lashley¹

Pooled risk estimates for miscarriage for age categories 30–34, 35–39, 40–44 and ≥45 years of age were:

- 1.04 (95% CI 0.90,1.21),
 - 1.15 (0.92, 1.43),
 - 1.23 (1.06, 1.43),
 - 1.43 (1.13, 1.81)
- respectively (reference category 25–29 years)

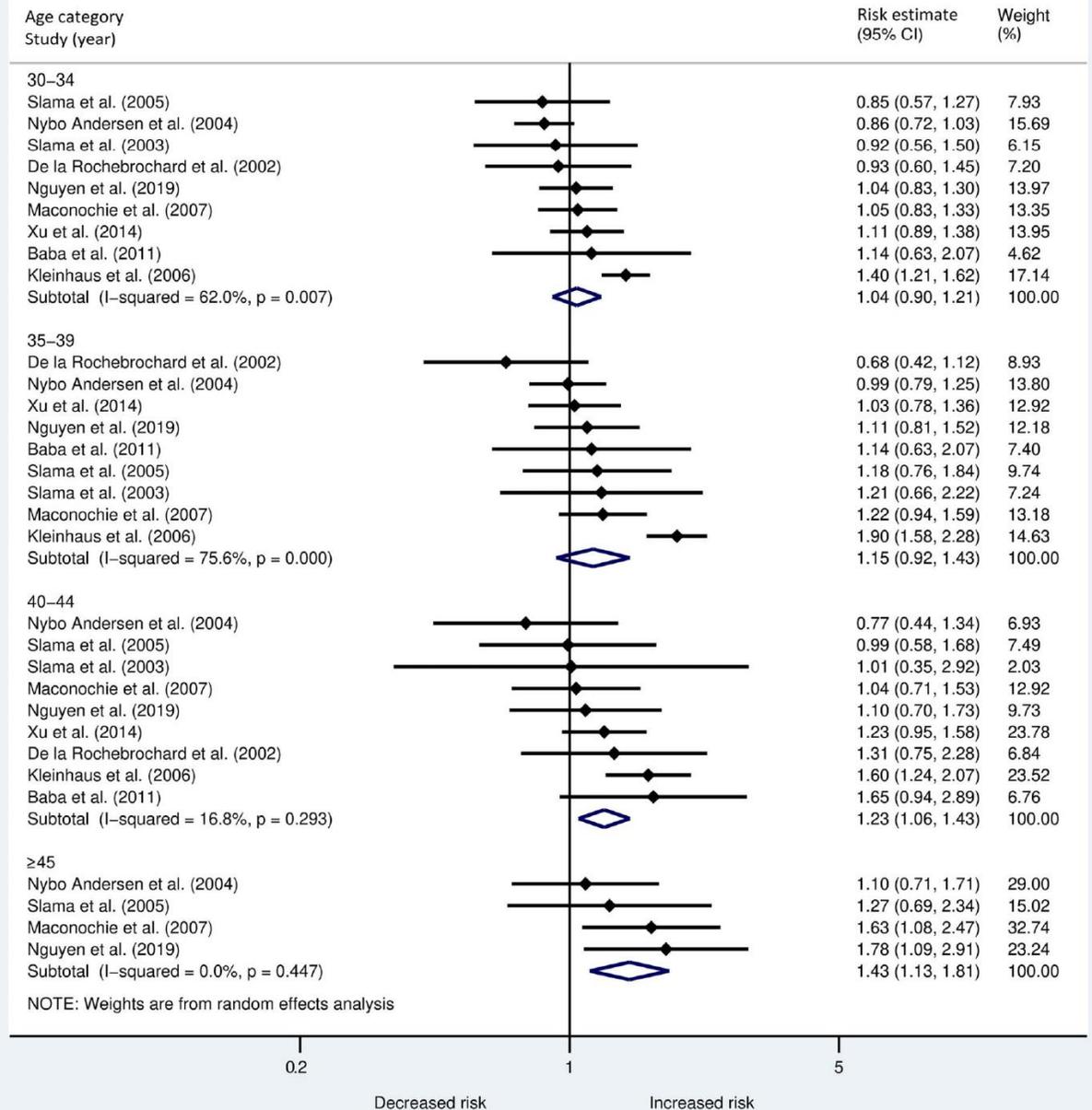


Figure 2 Forest plot describing the association between paternal age in different age categories and the risk of miscarriage <20 weeks.

Increasing paternal age and ejaculatory abstinence length negatively influence the intracytoplasmic sperm injection outcomes from egg-sharing donation cycles

Amanda S. Setti^{1,2} | Daniela Paes Almeida Ferreira Braga^{1,2}  |
Assumpto Iaconelli Junior^{1,2} | Edson Borges Junior^{1,2}

Paternal variable	Fertilization (%)	D3 high-quality embryos (%)	D3 normal embryo development (%)	Blastocyst development (%)	High-quality blastocysts (%)	Implantation (%)	Pregnancy chance	Miscarriage chance	Live birth chance
Age									
B	-0.276	-0.040	-2.750	-0.070	-44.058	-0.060	Exp(B) 0.664	Exp(B) 1.019	Exp(B) 0.812
SE	0.085	0.017	0.8625	0.035	20.248	0.007	0.187	0.052	0.100
CI	-0.44 to -0.11	-0.07 to -0.01	-4.44 to -1.06	-0.14 to -0.002	-84.07 to -4.05	-0.08 to -0.05	0.457 to 0.967	0.918 to 1.131	0.665 to 0.991
P	.001	.021	.001	.043	.031	<.001	.033	.718	.041
EA									
B	-0.083	-0.003	-0.300	-0.589	13.8125	-0.012	Exp(B) 0.051	Exp(B) 0.861	Exp(B) 0.169
SE	0.847	0.015	0.014	0.243	88.143	0.003	1.803	0.190	1.195
CI	-0.44 to -0.11	-0.01 to -0.001	-0.06 to -0.02	-1.07 to -0.11	-160.34 to 187.97	-0.20 to -0.35	0.001 to 1.870	0.589 to 1.258	0.015 to 1.851
P	.765	.028	.036	.016	.876	<.001	.103	.435	.142

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DOI: 10.1111/and.14211

ORIGINAL ARTICLE

First International Journal of Andrology
andrologia WILEY

Early and late paternal contribution to cell division of embryos in a time-lapse imaging incubation system

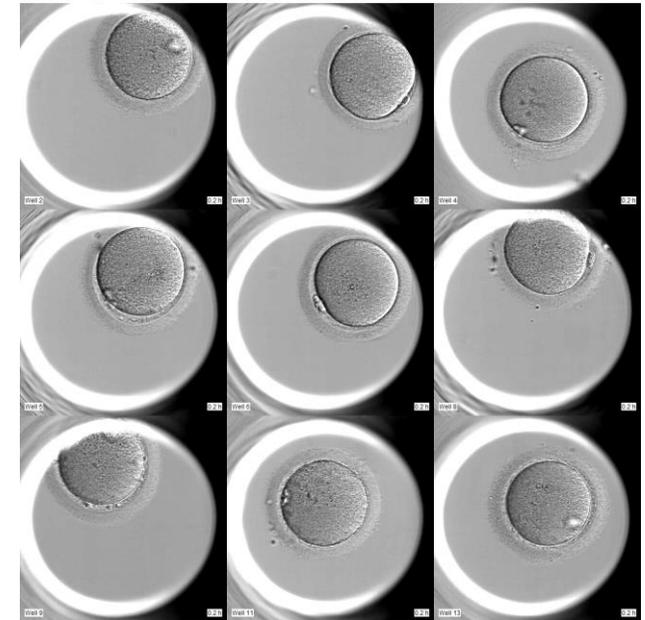
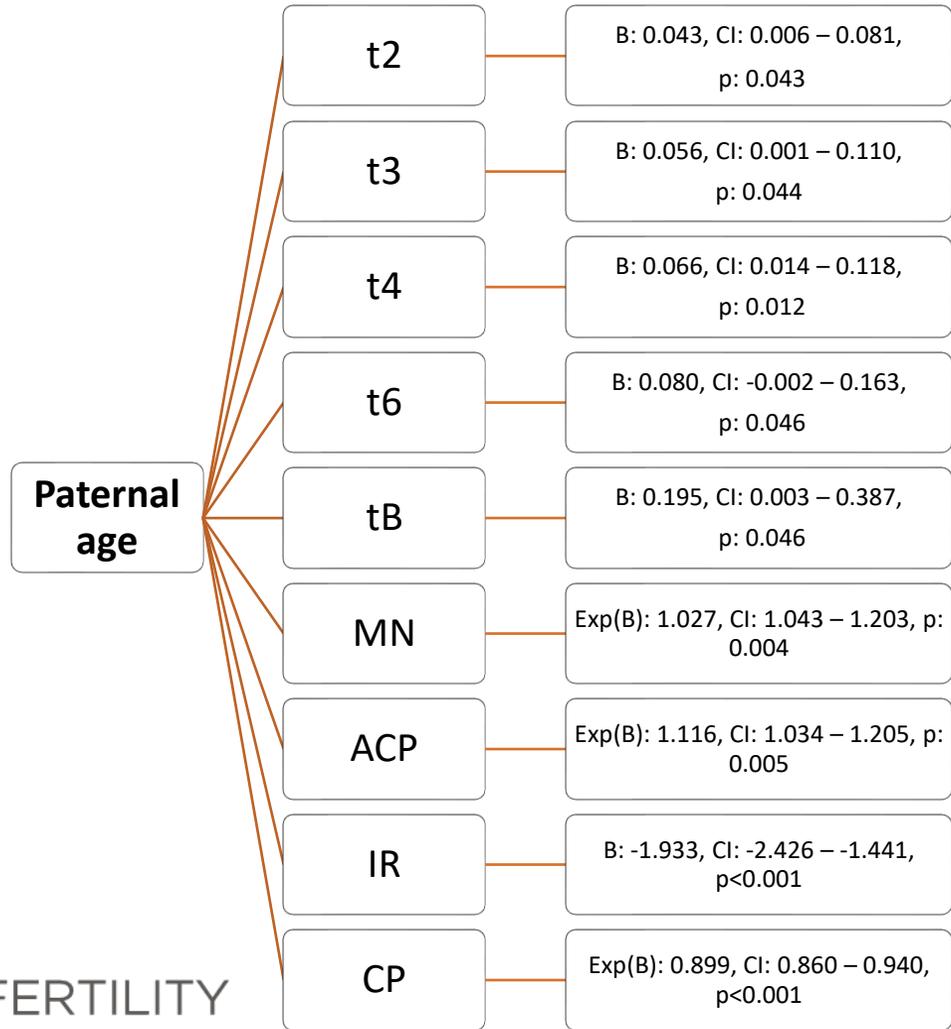
Amanda Souza Setti^{1,2}  | Daniela Paes de Almeida Ferreira Braga^{1,2} | Livia Vingris³ |
Assumpto Iaconelli Jr.^{2,4} | Edson Borges Jr.^{2,4}

RESULTS

Variable	Mean \pm SD
Semen analysis	
Male age (years)	41.3 \pm 6.8
Ejaculatory abstinence length (days)	3.2 \pm 2.5



RESULTS



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DOI: 10.1111/and.14485

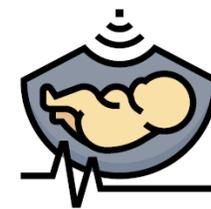
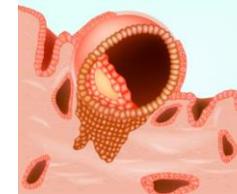
ORIGINAL ARTICLE

First International Journal of Andrology
andrologia WILEY

Paternal ageing impacts blastulation and the outcomes of pregnancy at different levels of maternal age: A clustering analysis of 21,960 oocytes and 3837 ICSI cycles

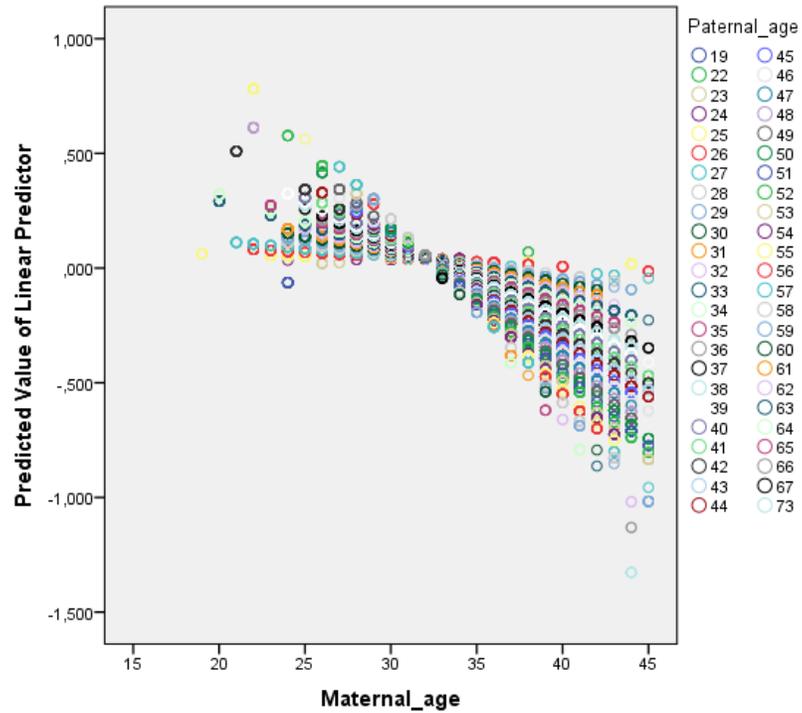
Amanda Souza Setti^{1,2}  | Daniela Paes de Almeida Ferreira Braga^{1,2} |
Patricia Guilherme¹ | Livia Vingris¹ | Assumpto Iaconelli Jr^{1,2} | Edson Borges Jr^{1,2}

Variable	Value (n=3837)
Female age (y-old)	35.3 ± 4.5
Female BMI	24.2 ± 3.9
Male age (y-old)	38.0 ± 6.4



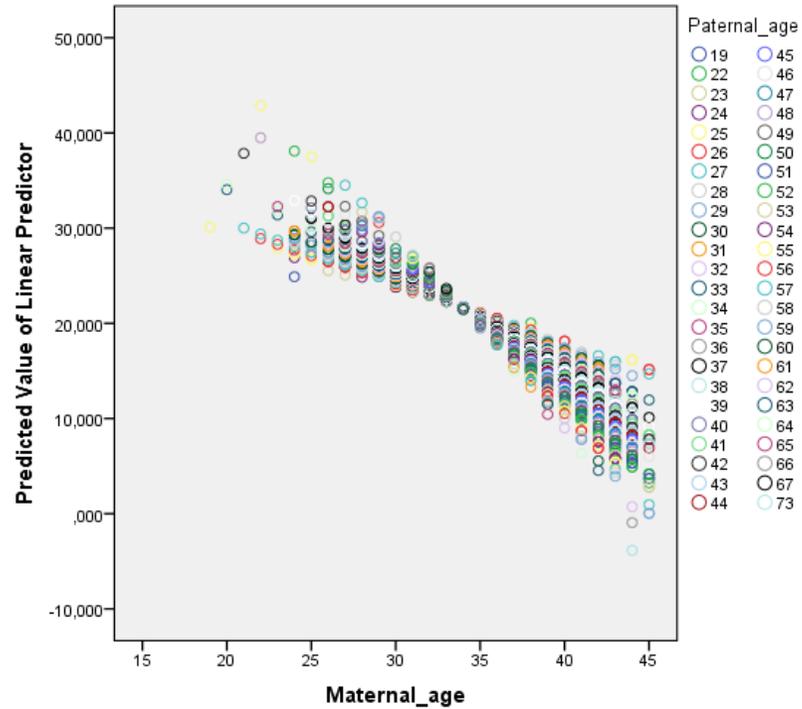
Predictive value of the interaction term

Dependent variable	B	OR	CI	p-value
Blastocyst development	- 0.005	0.995	0.994 – 0.996	< 0.001



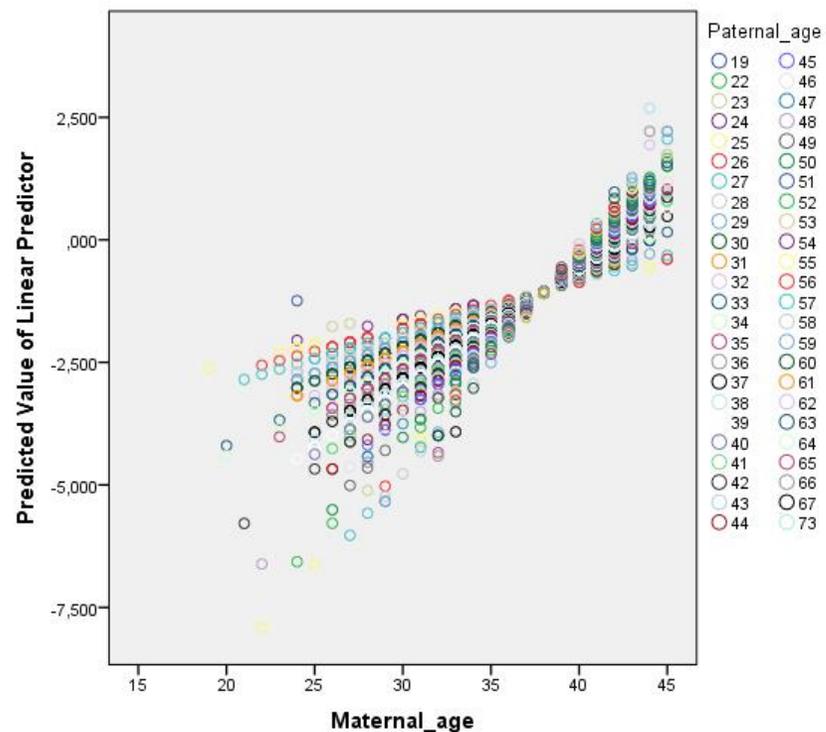
Predictive value of the interaction term

Dependent variable	B	OR	CI	p-value
Implantation rate	- 0.041	0.960	0.947 – 0.973	< 0.001



Predictive value of the interaction term

Dependent variable	B	OR	CI	p-value
Miscarriage rate	0.011	1.012	1.005 – 1.018	0.001

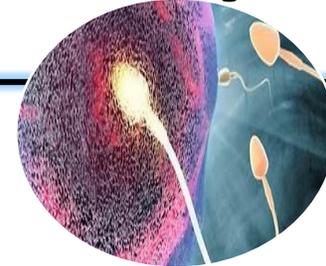


For every **1-year increase in paternal age**, the odds ratio of live-birth reduces by:

- **1%** in females aged 37 years,
- **1.6%** in those aged 38 years,
- **2.4%** in 39-year-old females,
- **5%** in 42-year-old females and so on.



X Misleading concept



The effect of paternal factors on perinatal and paediatric outcomes: a systematic review and meta-analysis

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 Anne Lofe⁴, Hannele Laivuori^{5,6,7,8}, Max Petzold⁹,
 Liv Bente Romundstad^{10,11}, Viveca Söderström-Anttila¹²,
 and Christina Bergh¹³

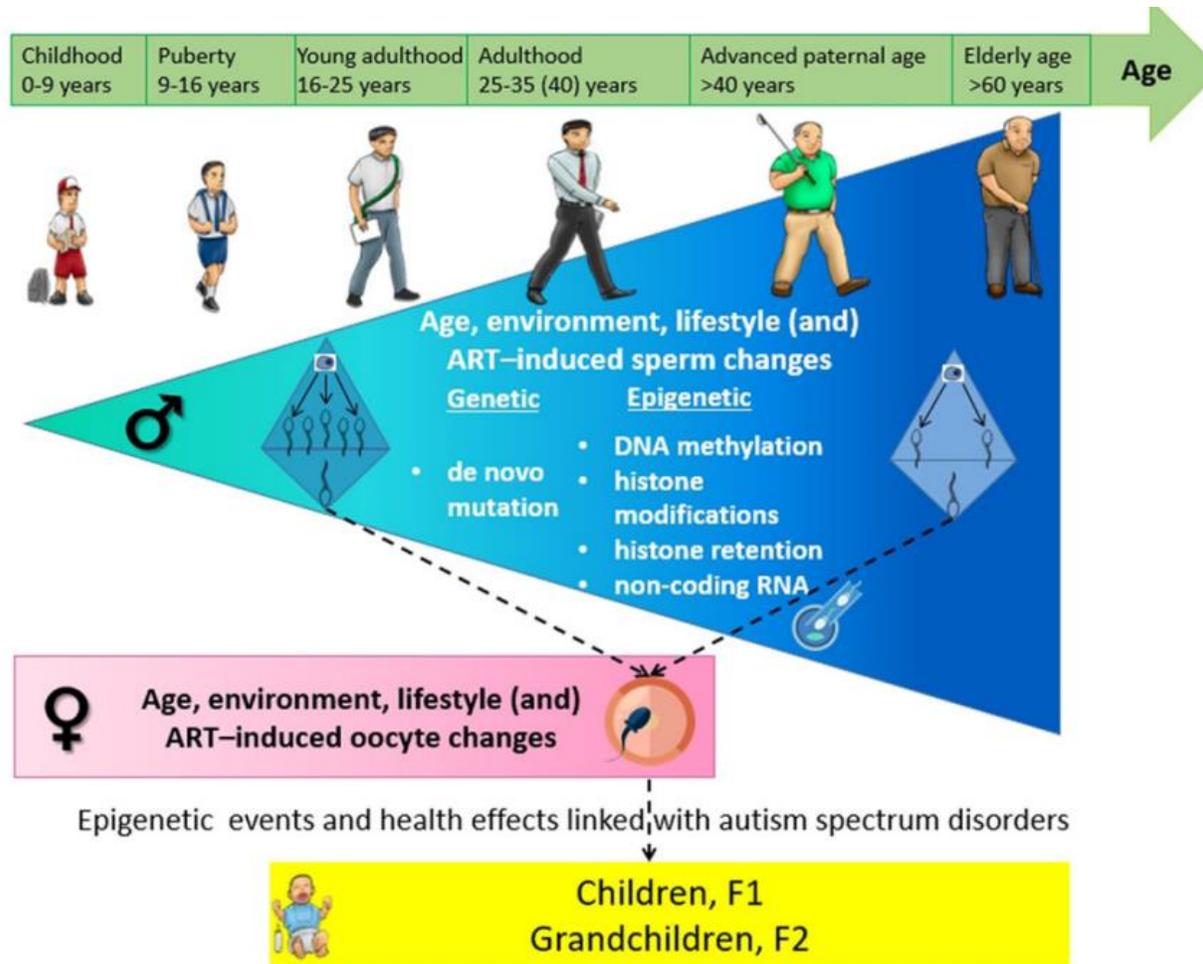
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Table XI Summary results of the meta-analyses of the association between paternal factors and perinatal and paediatric outcomes.

Exposure	Outcome	Pooled estimate (with 95% CI)	Certainty of evidence GRADE
Paternal age	PTB	1.02 (1.00–1.05)	⊕⊕○○
	Low BW	1.00 (0.97–1.03)	⊕⊕○○
	Stillbirth	1.19 (1.10–1.30)	⊕⊕○○
	★ Children with any birth defects	1.05 (1.02–1.07)	⊕⊕⊕○
	★ CHDs	1.03 (0.99–1.06)	⊕⊕⊕○
	Orofacial clefts	0.99 (0.95–1.04)	⊕⊕○○
	1.14 (1.02–1.29)*		
	★ Gastrochisis	0.88 (0.78–1.00)	⊕⊕⊕○
	★ Spina bifida	0.97 (0.90–1.04)	⊕⊕⊕○
	★ Trisomy 21	1.13 (1.05–1.23)	⊕⊕⊕○
	★ Acute lymphoblastic leukaemia	1.08 (0.96–1.21)	⊕⊕⊕○
Paternal BMI	Autism and ASDs	1.25 (1.20–1.30)	⊕⊕⊕○
	★ Schizophrenia	1.31 (1.23–1.38)	⊕⊕⊕○
Paternal smoking	No meta-analysis		
	PTB	1.16 (1.00–1.35)	⊕⊕○○
	Low BW	1.10 (1.00–1.21)	⊕⊕○○
	SGA	1.22 (1.03–1.44)	⊕⊕○○
	CHDs	1.75 (1.25–2.44)	⊕⊕○○
	Orofacial clefts	1.51 (1.16–1.97)	⊕⊕○○
Brain tumours	1.12 (1.03–1.22)	⊕⊕○○	

*Exposure: Paternal age >45 years.



- *Age is a powerful factor* in humans and rodent models associated *with increased de novo mutations and a modified sperm epigenome.*
- *Age affects all known epigenetic mechanisms,* including DNA methylation, histone modifications and profiles of small non-coding (snc)RNA.



Riscos epigenéticos da RA

Inheritance of epigenetic dysregulation from male factor infertility has a direct impact on reproductive potential

Michelle M. Denomme, Ph.D.,^a Blair R. McCallie, B.Sc.,^a Jason C. Parks, B.Sc.,^a Keith Booher, Ph.D.,^b William B. Schoolcraft, M.D.,^c and Mandy G. Katz-Jaffe, Ph.D.^{a,c}

^a Fertility Labs of Colorado, Lone Tree, Colorado; ^b Zymo Research Corp., Irvine, California; and ^c Colorado Center for Reproductive Medicine, Lone Tree, Colorado

- ➔ *Alterações de metilação e transcrição* em blastocistos de homens com OAT (MF) demonstram uma *consequência epigenética na embriogênese*, alterando significativamente os principais genes do desenvolvimento e afetando a competência embrionária.

DNA methylation defects in spermatozoa of male partners from couples experiencing recurrent pregnancy loss

Kushaan Khambata^{1,*}, Sanketa Raut¹, Sharvari Deshpande¹, Sweta Mohan¹, Shobha Sonawane¹, Reshma Gaonkar¹, Zakiya Ansari¹, Mamata Datar¹, Vandana Bansal², Anushree Patil³, Himangi Warke⁴, and Nafisa H. Balasinor^{1,*}

➔ Defeitos na *metilação do DNA e padrões de imprinting* aberrantes nos espermatozoides de homens cujas parceiras sofreram RPL idiopático.

REVIEW ARTICLE

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Long-term follow-up of ICSI-conceived offspring compared with spontaneously conceived offspring: a systematic review of health outcomes beyond the neonatal period

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Espermatogênese prejudicada em homens adultos jovens concebidos por ICSI, como indicado pela redução da qualidade do sêmen, e possivelmente maiores níveis de FSH e menores níveis de inibina B, em comparação com seus pares de CN

Semen quality of young adult ICSI offspring: the first results

F. Belva^{1,*}, M. Bonduelle¹, M. Roelants², D. Michiels³,
A. Van Steirteghem⁴, G. Verheyen⁴, and H. Tournaye⁴

Table III Differences in sperm parameters between the ICSI and the control group: unadjusted and adjusted results from multiple linear regression analysis.

	Unadjusted			Adjusted for covariates		
	Ratio	95% CI	P-value	Ratio	95% CI	P-value
Concentration	1.9	1.2–3.1	0.008	1.9	1.1–3.2	0.017
Total count	2.4	1.4–4.2	0.001	2.3	1.3–4.1	0.005
Total motile count	2.3	1.4–3.9	0.001	2.1	1.2–3.6	0.007
Morphology	1.1	0.8–1.4	0.43	1.1	0.8–1.4	0.52

Reproductive hormones of ICSI-conceived young adult men: the first results

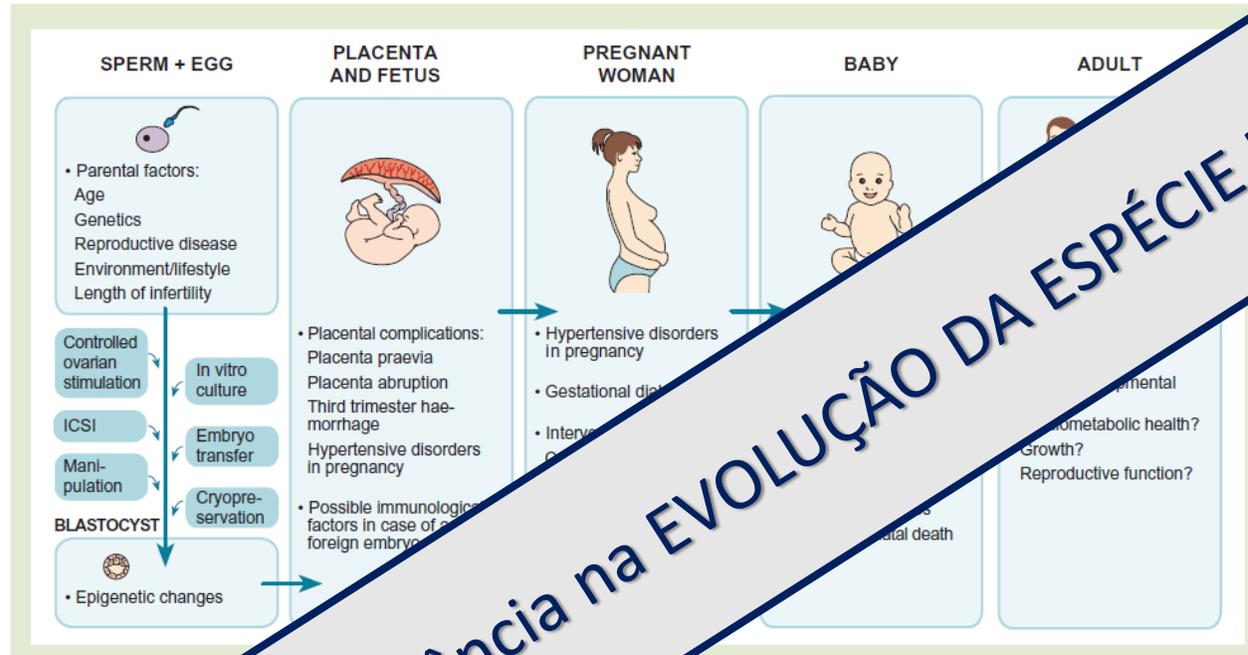
Florence Belva^{1,*}, Mathieu Roelants², Jean De Schepper³,
André Van Steirteghem⁴, Herman Tournaye⁴, and Maryse Bonduelle¹

Table III Correlations between reproductive hormone levels and semen parameters and testis volume.

	FSH		Testosterone		LH		Inhibin B	
	<i>r</i>	<i>P</i> -value	<i>r</i>	<i>P</i> -value	<i>r</i>	<i>P</i> -value	<i>r</i>	<i>P</i> -value
Sperm concentration	−0.3	0.001	0.1	0.30	−0.2	0.01	0.2	0.02
Total sperm count	−0.3	0.001	0.1	0.62	−0.2	0.02	0.2	0.01
Total motile count	−0.4	0.01	0.1	0.31	−0.2	0.06	0.2	0.01
Sperm morphology	−0.2	0.03	0.1	0.23	−0.1	0.1	−0.1	0.84
Testis volume	−0.2	0.05	0.2	0.04	−0.1	0.6	0.4	<0.01

Homens concebidos por ICSI mais propensos a ter níveis baixos de inibina B e FSH alto (percentil 90)

FIV / ICSI



Human Reproduction

Influência na EVOLUÇÃO DA ESPÉCIE HUMANA ???

→ A técnica de fertilização pode interromper a seleção natural e os mecanismos genéticos normais para o organismo, afetando a saúde a longo prazo.

→ Aumenta a aptidão reprodutiva de casais subfértéis, removendo tecnologicamente vários tipos de barreiras seletivas e alterando outras barreiras;

→ De acordo com o princípio básico da evolução, as gerações subsequentes serão, assim, geneticamente e epigeneticamente adaptadas a um ambiente em qual reprodução depende cada vez mais da intervenção tecnológica.

Obrigado!

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